

WE WANT YOU TO KNOW

That every nutrient that goes into our gummies is carefully chosen based on extensive research. And just as much care goes into making them delicious.

VEGETARIAN SUPERSTAR INGREDIENTS

VEGETARIAN OMEGA 3s

PROBIOTIC* *BACILLUS SUBTILIS*

VITAMIN D AS D3

FOLATE AS METHYLFOLATE

VITAMIN B12
AS METHYLCOBALAMIN

BIOTIN

VITAMIN K AS K2

ZINC

3 DELICIOUS FLAVORS
RASPBERRY, LEMON LIME, and GRAPE

SMARTY PANTS® ORGANICS



WOMEN'S COMPLETE

VEGETARIAN

MULTIFUNCTION

MULTI and OMEGA 3s
probiotics for DIGESTION*
vitamin D3 for BONES*
vitamin B12 for ENERGY*
zinc for IMMUNITY*

120 VEGETARIAN
GUMMIES

DIETARY
SUPPLEMENT



Directions: For adult women, take four (4) gummies daily. May be taken with or without food.

Supplement Facts

Serving Size 4 Gummies
Servings Per Container 30

Amount Per 4 Gummy Serving	% Daily Value
Calories	45
Total Carbohydrate	10 g 4%†
Sugars	7 g **
Includes 7 g Added Sugars 14%†	
Vitamin A (as 50% beta-carotene, retinyl palmitate USP)	270 mcg 30%
Vitamin C (as organic acerola cherry extract)	45 mg 50%
Vitamin D (D-3 as cholecalciferol USP)	50 mcg (2000 IU) 250%
Vitamin E (as d-alpha-tocopherol from sunflower oil FCC)	12 mg 80%
Thiamin (Vitamin B-1 as thiamine mononitrate USP)	0.11 mg 9%
Riboflavin USP (Vitamin B-2)	0.26 mg 20%
Niacin (Vitamin B-3 as inositol niacin USP)	3.2 mg 20%
Vitamin B-6 (as pyridoxal 5-phosphate)	1.5 mg 88%
Folate (as L-methylfolate, calcium salt)	400 mcg DFE 100%
	240 mcg L-methylfolate
Vitamin B-12 (as methylcobalamin)	3 mcg 125%
Biotin USP	30 mcg 100%
Pantothenic acid (as calcium D-pantothenate USP)	2.25 mg 45%
Iodine (as potassium iodide USP)	150 mcg 100%
Zinc (as zinc citrate USP)	3.3 mg 30%
Selenium (as sodium selenite)	14 mcg 25%
Sodium	25 mg 0%
Organic Flax Seed Oil	341 mg **
Omega-3 (alpha-Linolenic Acid)	171 mg **
Omega-6 (Linoleic Acid)	43 mg **
Omega-9 (Oleic Acid)	55 mg **
Vitamin K-2 (as menaquinone-7)	24 mcg **
Inositol (from inositol niacin)	900 mcg **
Bacillus subtilis (organic maltodextrin ≥70%, DE1118) 1 Billion CFU	10 mg **

† Percent Daily Value based on a 2,000 calorie diet.
** Daily Value not established.

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Organic Lemon Concentrate, Organic Natural Flavors, Pectin, Colors Added (Organic Black Carrot Concentrate, Organic Maqui Berry Concentrate), Citric Acid, Sodium Citrate, Organic Sunflower Oil, Corn Starch, Organic Carnauba Wax.

FREE OF

gelatin, soy, synthetic colors, artificial flavors and preservatives, yeast, wheat, milk, eggs, gluten, peanuts, tree nuts, fish, shellfish, and salicylates. **YAY!**

EVERY BATCH 3RD PARTY LAB TESTED

WARNING Keep out of reach of children. Consult your health care provider before use if you have a medical condition, are on any medications, are planning a medical procedure, or are pregnant or nursing. Do not use if inner safety seal is broken. Do not exceed recommended dosage.

Do not freeze, product may darken over time.

Manufactured in Canada and packaged in California.

Distributed by SmartyPants, Inc., Marina del Rey, CA 90292 USA.

Certified Organic by QAI.

For Customer Support: 1-888-751-2291
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This bottle contains 80% post-consumer recycled material and label is printed on FiberStone® tree-free/water-free paper made from stone.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

