

Jigsaw Alaskan Cod Liver Oil is fished exclusively from Dutch Harbor, Alaska where it is line-caught and flash frozen on the boat in pristine waters to preserve freshness. The oil is extracted by a proprietary process that removes harmful chemicals and PCBs, yet still maintains the naturally occurring Vitamins A & D.*

Jigsaw Alaskan Cod Liver Oil is a comprehensive cod liver oil supplement with naturally occurring omega-3 fatty acids, PRMs (pro-resolving mediators), and naturally occurring Vitamin A and D, as formed by nature. Synthetic forms of A and D are never used in this product.

PRMs (pro-resolving mediators) are natural substances derived from omega 3 fatty acids that act as "braking signals" to modify cell behavior and promote healthy, normal cell function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Should not be used if tamper evident seal is broken.
Keep out of reach of children. Store in a cool dry place.



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Alaskan Cod Liver Oil

Includes naturally occurring Vitamins A & D



180 SOFTGELS (60 SERVINGS) | DIETARY SUPPLEMENT

Supplement Facts

Serving Size - 3 Softgels
Servings Per Container - 60

	Amount per Serving	% Daily Value*
Calories	40	
Total Fat	3.5 g	4%*
Saturated Fat	0.5 g	3%*
Cholesterol	20 mg	7%*
Protein	<1 g	
Vitamin A (100% naturally occurring)	585 mcg (1,950 IU)	65%*
Vitamin D (100% naturally occurring)	3.4 mcg (135 IU)	17%*
Alaska Cod Liver Oil	3,600 mg	†
Omega-3 Fatty Acids (as triglycerides)	750 mg	†
Eicosapentaenoic acid (EPA) as triglyceride	300 mg	†
Docosahexaenoic acid (DHA) as triglyceride	300 mg	†
Docosapentaenoic acid (DPA) as triglyceride	30 mg	†
Total Pro-Resolving Mediators††	30 mcg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established

Other Ingredients: Capsule Shell (gelatin, glycerin, purified water), Natural Mixed Tocopherols (from non-GMO Sunflower Oil, to maintain freshness).

†† Representative, naturally occurring, including 14-HDHA, 17-HDHA and 18-HEPE.

Suggested Use: As a dietary supplement, take 3 softgels daily. Or use as directed by your healthcare professional.

Product of the U.S.A. with select ingredients thoughtfully curated from around the world.

Marine Stewardship Council. This product comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery. www.msc.org