## 3-IN-1 POST-WORKOUT RECOVERY FORMULA

 MUSCLE BUILDING\* WARNING: CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION, NOT FOR USE BY THOSE LINDER THE AGE OF 18 OR WOMEN THAT ARE PREGNANT TRYING TO GET PREGNANT, OR NURSING DIRECTIONS: Mix 1 scoop with 6-8 fl oz of cold water or any beverage of your choice after your workout.

Stir, Do not shake

Your search is over, R3BUILD EDBE<sup>14</sup> is the answer you've been looking for to help kickstart your post-workout recovery. This muscle building and strength formule features 5g of Creatine, 5g of Glutamine, and 4g of BCAAs [in 2-1.1 ratio], and a patented affervescent delivery system. In every scoop for a convenient stack of gym-tested recovery ingredients.











