

### 3-IN-1 POST-WORKOUT RECOVERY FORMULA

- RECOVERY\*
- MUSCLE BUILDING\*
- STRENGTH\*

**WARNING:** CONSULT YOUR PHYSICIAN BEFORE USING THIS PRODUCT IF YOU ARE TAKING ANY MEDICATIONS OR ARE UNDER A PHYSICIAN'S CARE FOR A MEDICAL CONDITION. NOT FOR USE BY THOSE UNDER THE AGE OF 18 OR WOMEN THAT ARE PREGNANT, TRYING TO GET PREGNANT, OR NURSING.

**DIRECTIONS:** Mix 1 scoop with 6- 8 fl oz of cold water or any beverage of your choice after your workout. Stir. Do not shake.



FINISH FIRST.®

# R3BUILD EDGE™

COMPREHENSIVE POST WORKOUT RECOVERY\*

Your search is over. R3BUILD EDGE™ is the answer you've been looking for to help kickstart your post-workout recovery. This muscle building and strength formula features 5g of Creatine, 5g of Glutamine, and 4g of BCAAs (in 2:1:1 ratio), and a patented effervescent delivery system\* in every scoop for a convenient stack of gym-tested recovery ingredients.

Push your performance and recovery to the edge with the engineered muscle building power of R3BUILD EDGE™.

V.1.689.0316US

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\*Contains A Patented Nutrient Suspension Matrix & Efforsorb Delivery System covered by U.S. Patent 5,925,378



**MADE IN THE USA**

This product contains ingredients of international and domestic origin.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

**5**  
GRAMS

CREATINE  
PER SERVING

**5**  
GRAMS

GLUTAMINE  
PER SERVING

**4**  
GRAMS

BCAAs  
PER SERVING

**CRANBERRY LIMEADE**  
NATURALLY & ARTIFICIALLY FLAVORED

**25**  
SERVINGS

DIETARY SUPPLEMENT · NET WT 1.05 LB (475 G)

## Supplement Facts

Serving Size 1 Scoop (19 g)  
Servings Per Container 25

	Amount Per Serving	% Daily Value
Calories	5	
Total Carbohydrate	1 g	<1%†
Sodium	180 mg	7%

### RECOVERY INFUSION

L-Glutamine	5 g	**
Micronized BCAA Blend (L-Leucine, L-Isoleucine, L-Valine)	4 g	**
Lactoferrin (BioFerrin 2000®)	50 mg	**
ActiGin™ Proprietary Blend (Panax notoginseng Extract (root), Rosa roxburghii Extract (fruit))	25 mg	**

### MYOGENIC MATRIX

Creatine Monohydrate, Creatine Hydrochloride (Patented C-HCl™), Magnesium Creatine Chelate (Creatine MagnaPower®), Creatine Anhydrous	5.5 g	**
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### EFFORSORB™ COMPOSITE

Citric Acid, Sodium Bicarbonate, Malic Acid, Tartaric Acid, Bitter Melon (fruit)	2.2 g	**
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†Percent Daily Values are based on a 2,000 calorie diet.  
\*\*Daily Value Not Established.

BioFerrin® 2000 is a registered trademark of Gianbia plc.

ActiGin™ is a trademark of NuLiv Science USA, Inc.

Creatine MagnaPower® is a registered trademark of Albion Laboratories, Inc.

Patented C-HCl™ is a trademark of Viteo Systems, Inc. and covered by one or more of U.S. Patent Nos. 8,354,450, 8,026,385, 8,962,685, and 7,608,641.

**OTHER INGREDIENTS:** Natural and Artificial Flavor, Silicon Dioxide, Calcium Silicate, Guar Gum, Soy Lecithin, Sucralose, Red 40, Acesulfame Potassium, Blue 2.

**CONTAINS:** Milk and Soy.

**MANUFACTURED BY:** Bio-Engineered Supplements & Nutrition, Inc., 3500 Lacey Road, Suite 1200, Downers Grove, IL 60515 USA  
877-673-3727 www.goBSN.com

Store in a cool, dry place away from direct sunlight.  
Contents sold by weight not volume.