

Suggested Usage: Take 1 capsule daily with a meal.

Although vitamin K is historically known for its role in normal blood clotting function, we now know that vitamin K is also essential to bone, cardiovascular, and nervous system health.* As a biologically active form of vitamin K, K-2 is important for the formation of a healthy, strong bone matrix.* Vitamin K's role in arterial health revolves around its ability to support proper calcium metabolism in vascular structures.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Do not use if pregnant, nursing, or allergic or contraindicated to aspirin. Consult physician if taking medication (especially blood thinners such as warfarin, Coumadin®, heparin and aspirin) or have a medical condition. Discontinue use two weeks prior to surgery or if stomach upset occurs. Keep out of reach of children.

CAPSULE SIZE

CODE 0991B V1



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Vitamin K-2

100 mcg

Supports Bone Health*

- Biologically Active Form*
- Menaquinone-4 (MK-4)
- Supports Proper Calcium Metabolism*

250 Veg Capsules



A Dietary Supplement Vegetarian/Vegan



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Veg Capsule

	Amount Per Serving	% Daily Value
Vitamin K ₂ (as Menaquinone-4) (MK-4)	100 mcg	83%
Alfalfa Powder (Aerial Parts)	250 mg	†

† Daily Value not established.

Other ingredients: Hypromellose (cellulose capsule), Ascorbyl Palmitate, Rice Flour and Silicon Dioxide.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.
Natural color variation may occur in this product.

