

**Recommended Use:**

As an adult dietary supplement, take 2-4 softgels daily with meals or as directed by a physician.

The omega-3 and omega-6 essential fatty acids are vitamin-like nutrients that have been increasingly depleted from the modern diet. They facilitate a wide range of cell functions and have diverse benefits to health and well-being. This product is a key complement to American Biologics Multiplex Advanced.

The Food and Drug Administration (FDA) advises that "Supportive but not conclusive research shows that consumption of EPA and DHA omega-3 fatty acids may reduce the risk of coronary heart disease."

WE USE USP/NF MATERIALS WHERE AVAILABLE.

Formulated by Parris M. Kidd, PhD, exclusively for:  
AMERICAN BIOLOGICS, Chula Vista, CA 91911



AMERICAN  
BIOLOGICS

*Ultra*

## Omega Essentials™

Omega 3, 6, 9 fatty acids  
Promotes skin integrity, protects blood vessels,  
supports brain and vision functions

90 SOFTGELS

### Supplement Facts

Serving Size: 2 Softgels

Amount per Serving	%Daily Value
DHA (docosahexaenoic acid), omega-3	110 mg *
EPA (eicosapentaenoic acid), omega-3	150 mg
ALA (alpha-linolenic acid), other omega-3	140 mg *
GLA (gamma-linolenic acid), omega-6	40 mg *
LA (linoleic acid), other omega-6	120 mg *
OA (oleic acid), omega-9	105 mg *
Vitamin E	60 IU 200

\*Daily Value (DV) not established. Percent DV based on a 2000 calorie diet.

Omega 3 to Omega 6 Ratio is 2.5

Other ingredients: Gelatin, Glycerin, Water.

Free of: Yeast, wheat, corn, soy, egg, milk, gluten, sugar, starch, salt, preservatives and artificial colorings or flavors.

BEST BEFORE:

LOT NO.

If no lot number on label, please see bottom of bottle.

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