

Suggested Usage: Take 2 softgels daily with food. NOW® Advanced Gamma E Complex is a full-spectrum vitamin E supplement that features gamma-tocopherol and includes a natural balance of tocopherols and tocotrienols. Gamma-tocopherol, the most abundant form of vitamin E in the diet, is especially important due to its unique ability to detoxify and eliminate reactive nitrogen species, a particularly destructive form of free radical.* The vitamin E family of tocopherols and tocotrienols is well known for its role in the maintenance of cardiovascular health and normal immune system function.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Some scientific evidence suggests that consumption of antioxidant vitamins may reduce the risk of certain forms of cancer. However, FDA has determined that this evidence is limited and not conclusive.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

Tocomin® is a registered trademark of Carotech Inc.

SOFTGEL SIZE

CODE 0811 V6



Advanced Gamma E Complex

Antioxidant Protection*

Mixed Tocopherols
& Tocotrienols
120 Softgels
A Dietary Supplement



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 2 Softgels Servings Per Container 60

	Amount Per Serving	% Daily Value
Calories	10	
Calories from Fat	10	
Total Fat	1 g	2%*
Vitamin E (as d-alpha Tocopherol)	450 IU	1500%
Total Tocopherols	600 mg	†
Gamma-Tocopherol	200 mg	†
Mixed Palm Tocotrienol Complex (Tocomin®)	10 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Softgel Capsule (bovine gelatin, glycerin, water, carob) and Rice Bran Oil. Contains soy.

Distributed & Quality Tested by NOW FOODS
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nowfoods.com

Not manufactured with wheat, gluten, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product also has the following naturally occurring Mixed Tocopherols and Mixed Tocotrienols:
delta-Tocopherol, beta-Tocopherol, gamma-Tocotrienol,
alpha-Tocotrienol, delta-Tocotrienol, beta-Tocotrienol

