

Vitamins

Family owned since 1968.



# Biotin with Fibersol®-2 Powder

Healthy Hair, Skin and Nails\*

- 5,000 mcg Biotin per Serving
- Promotes Normal Immune Function\*

**NET WT. 4 OZ. (113 g)**  
A Dietary Supplement    Vegetarian/Vegan



**Suggested Usage:** Mix 1/2 level teaspoon daily in 4 to 8 oz. of water or other beverage. Take with a meal.

Biotin is a B vitamin well-known for its role in the support of healthy hair, skin, and nails.\* Biotin is also critical for the conversion of food into chemical energy and helps to support normal immune system function, protein synthesis, and carbohydrate metabolism.\* NOW® Biotin with Fibersol®-2 Powder has 5,000 mcg of biotin per serving and is a convenient way to supplement your diet with this important nutrient.

**\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

**Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.**

**Do not eat freshness packet enclosed.**

**Natural color variation may occur in this product.**

Store in a cool, dry place after opening.

This product is sold by weight not volume.

CODE 0530 V1



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## Supplement Facts

Serving Size 1/2 Level Teaspoon (1 g)  
Servings Per Container about 113

	Amount Per Serving	% Daily Value
Total Carbohydrate	1 g	< 1%*
Dietary Fiber	1 g	4%*
Soluble Fiber	1 g	†
Biotin	5 mg (5,000 mcg)	1667%
Fibersol®-2 Digestion-Resistant Maltodextrin	1 g	†

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

Other ingredients: None.

Manufactured & Quality Tested by NOW FOODS  
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nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Fibersol®-2 is a registered trademark of ADM/Matsutani LLC.