



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Niacin (Vitamin B-3)	500 mg	3125%

Other ingredients: Hypromellose (cellulose), Microcrystalline Cellulose, Stearic Acid (vegetable source), Vegetarian Coating and Silicon Dioxide.

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomington, IL 60108, USA nowfoods.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.



Niacin

500 mg

Nutritional Health

Sustained Release
to Minimize Flushing

250 Tablets

A Dietary Supplement Vegetarian/Vegan



Suggested Usage: Take 1 tablet daily with a meal. This high potency tablet should be taken under doctor's supervision.

Niacin supplements may sometimes temporarily cause flushing and/or itching, but this sustained release tablet should minimize those symptoms. To further limit these uncomfortable but not dangerous symptoms, take daily and avoid missing doses.

Caution: For adults only. Physician supervision is recommended while taking this product. Not recommended for pregnant/nursing women. Notify physician if taking medication (especially anticoagulant medications, including NSAIDs) or have a medical condition (especially cardiovascular disease, liver problems, inflammatory bowel disease, diabetes, gout, or migraine headaches). Transient GI symptoms may occur at inception of treatment, consult physician if symptoms persist. Keep out of reach of children.

Natural color variation may occur in this product.

TABLET SIZE

CODE 0482C V9



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