

PROMOTE OPTIMAL HEALTH FOR YOUR BODY AND MIND WITH VITAL NUTRIENTS

A 30-day supply of powerful vitamins, minerals and essential fatty acids in one convenient daily packet.

MagSRT™

America's #1 Time-Release Magnesium. MagSRT™ releases Albion's patented di-magnesium malate gently into your body over an extended period of time for super-absorption and to avoid the dreaded digestive discomfort experienced with other brands.*

Activated B w/SRT®

Delivers B vitamins in their active forms, ready for your body to use right away. Promotes healthy, steady energy levels throughout the day.*

Pureway-C® + Lysine

Clinically shown to outperform other leading forms of Vitamin C by offering better immune protection, better free radical scavenging, and better antioxidant support.*

Essential Blend Antioxidant

Contains vitamins A, D3, and E, plus super-potent pomegranate, açai, cranberry, green tea, and grape seed extracts to support a healthy immune system and provide ongoing antioxidant support.*

Essential Blend Multi-Mineral

Replenishes vital minerals with highly absorbable, organic forms of selenium, manganese, chromium, molybdenum, copper, iodine, zinc, and over 60 other trace minerals.*

Omega-3 Fish Oil + Vitamin D3

Supports heart and brain health with the purest form of concentrated omega-3 essential fatty acids (EPA and DHA), combined with Vitamin D3.*

Curcumin Extract

Curcumin helps support healthy cellular maintenance and promotes immune system function. Our 95% curcuminoid compound dissolves in medium-chain triglycerides (MCTs) and extra-virgin olive oil to increase bioavailability and absorption.*

Other Ingredients: Vegetable Capsules, Cellulose, Modified Cellulose, Extra Virgin Olive Oil, Medium Chain Triglycerides, Purified Water, Dicalcium Phosphate, Magnesium Stearate, Croscarmellose, Polydextrose, Polyethylene Glycol, Polyvinylpyrrolidone, Hydroxypropyl Methylcellulose, D3 in Softener Oil, Food Glaze, Micro Wax.

Suggested Use: To replenish essential nutrients, take with food, one packet daily. Or use as directed by your healthcare professional.

Supplement Facts

Serving Size - 1 Packet; Servings Per Container - 30

	Amount Per Serving	% Daily Value
Calories	26.6	1
Calories from Fat	21.8	1
Total Fat	2.4 g	3%*
Saturated Fat	4 g	>1%*
Trans Fat	0 g	1
Monounsaturated Fat	5 g	1
Polyunsaturated Fat	1.5 g	1
Vitamin A (as Retinyl Palmitate)	675 mcg	75%
Vitamin C (as Pureway-C®)	1,000 mg	1,111%
Vitamin D3 (as Cholecalciferol)	7.5 mcg	8%
Vitamin D3 (as Cholecalciferol)	19 mcg	95%
Vitamin E (as D-Alpha Tocopherol Succinate)	34 mcg	227%
Vitamin B1 (as Benfotiamine)	25 mg	2,083%
Vitamin B2 (as Riboflavin-5-Phosphate Sodium)	25 mg	1,923%
Vitamin B3 (as Nicotinamide)	15 mg	94%
Vitamin B6 (as Pyridoxal-5-Phosphate Monohydrate)	28.8 mg	1,694%
Folate (as Quatrefolic® 5-Methyl Tetrahydrofolic Acid Glucosamine Salt)	350 mcg	88%
Vitamin B12 (as Methylcobalamin)	504.5 mcg	21,000%
D-Biotin (Vitamin H)	500 mcg	1,667%
Vitamin B5 (as Calcium D-Panthenate)	125 mg	2,500%
Iodine (as Potassium Iodide)	190 mcg	100%
Magnesium (as Dimagnesium Malate) Aibion®	375 mg	89%
Zinc (as Zinc Bisglycinate Chelate) TRAACS®	15 mg	136%
Selenium (as L-Selenomethionine Perisporum™)	400 mcg	727%
Copper (as Copper Bisglycinate Chelate) TRAACS®	2 mg	222%
Manganese (as Manganese Bisglycinate Chelate) TRAACS®	2 mg	87%
Chromium (as Chromium Nicotinate Glycinate Chelate) TRAACS®	400 mcg	1,143%
Molybdenum (as Molybdenum Glycinate Chelate) TRAACS®	150 mcg	333%
Choline (as ViteCholine® Choline Bitartrate)	40 mg	10%
Malic Acid (as Dimagnesium Malate)	718 mg	1
Omega-3 Fish Oils (Sardine & Anchovy) Containing	2,000 mg	1
EPA (Eicosapentaenoic Acid)	600 mg	1
DHA (Docosahexaenoic Acid)	400 mg	1
Inositol	75 mg	1
Para-Aminobenzoic Acid (PABA)	15 mg	1
L-Lysine (as Hydrochloride)	100 mg	1
Curcumin Extract (95% Curcuminoids)	250 mg	1
Grape Seed Extract	75 mg	1
Green Tea Leaf Extract	75 mg	1
Pomegranate Extract	75 mg	1
Alpha Liponic Acid	75 mg	1
Cranberry Juice Extract	50 mg	1
Açai Berry Extract 4:1	50 mg	1
Lycopene	2.5 mg	1
Lutein	1.5 mg	1
Trace Mineral Blend	5 mg	1

* Percent of Daily Value based on a 2000 calorie diet
† Daily Value not established

Supplement

	MagSRT™ 
	Activated B w/SRT®
	Pureway-C® + Lysine 
	Essential Blend Antioxidant
	Essential Blend Multi Mineral 
	Omega-3 Fish Oil + Vitamin D3
	Curcumin Extract

Key

QTY

	3
	1
	2
	1
	1
	2
	1



Jigsaw Basic



ESSENTIAL DAILY PACKETS
DIETARY SUPPLEMENT

30 ONCE-A-DAY SUPPLEMENT PACKETS



Jigsaw Basic
ESSENTIAL DAILY PACKETS



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Please Note: If you are currently being treated for kidney disease, please consult your healthcare professional before taking any magnesium supplements.

All values listed in elemental amounts. Ingredients for individual pills are indicated by color key, and can also be found online at www.JigsawHealth.com.

Keep out of reach of children. Store in a cool dry place.

TRAACS® is a registered trade name of Albion® Laboratories Int'l. and covered by U.S. Patent No. 7,838,042; Dimagnesium malate is supplied by Albion® and covered by U.S. Patent No. 6,706,904; Quatrefolic® is a registered trade name of Gnosis and covered by U.S. Patent No. 7,947,662.

Allergens: Contains fish. Manufactured in a facility that also handles products with other known allergens.

Product of the U.S.A. with select ingredients thoughtfully curated from around the world.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

