Suggested Usage: Shake well. Take 5 drops daily. Take directly or add to your favorite beverage. Best when taken with a fat-containing meal.

Caution: For adults only. Not for use in infants or children. Consult physician if pregnant/nursing, taking any anti-coagulants (such as warfarin, Coumadin®, heparin) or other medication, or have a medical condition. Keep out of reach of children.

MenaQ7® is a registered trademark of NattoPharma ASA, Norway.

> Patents granted and pending.





Liquid D-3 & MK-7

Bone & Cardiovascular Support*

2,500 IU Vitamin D-3 & 100 mcg Vitamin K-2 per 5 drops

Mena

1 FL. OZ. (30 mL) A Dietary Supplement



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 5 Drops (approx. 0.184 mL) Servings Per Container about 163

Amount Per Serving

% Daily Value

Vitamin D-3 62.5 mcg (2,500 IU) 313% (as Cholecalciferol) (from Lanolin)

Vitamin K-2 100 mcg 83% (as Menaquinone-7) (MK-7) (MenaQ7®)

Other ingredient: MCT Oil (medium-chain triglycerides) (from coconut/palm kernel oil).

Manufactured & Quality Tested by: NOW FOODS, 395 S. Glen Ellyn Rd. Bloomingdale, IL 60108, USA nowfoods.com Not manufactured with wheat, gluten, soy, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.