

NO ADDED IRON

Caution: Individuals with allergies to plants of the *Asteraceae* (Compositae) family, including ragweed, should use this product with caution. If you are pregnant, nursing, have high blood pressure, or taking any medications, consult a healthcare professional before use. This product contains the amino acid phenylalanine. Not formulated for children. Do not exceed recommended dosage.

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Green Bay, WI 54311 USA
Questions? 1-800-9NATURE / natureways.com

GLUTEN FREE. No sugar, yeast, wheat, grain, soy, or artificial colors, flavors, or preservatives.

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

◆ LBN14931, D01 BLK8004D

90 TABLETS • Multi-Vitamin Supplement

Amount per Serving

Amount per Serving	% DV
Nettle (Urtica sp.) (leaf), Plantain (leaf), Wheat Grass	
Orchard Fruits™ / Garden Veggies™ Powder Blend	200 mg **
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Asparagus, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	
Cardio Blend	100 mg **
Hawthorn (berry), Japanese Knotweed (root) extract standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone 10)	
Digestive Enzyme Blend	100 mg **
Concentrated enzyme formula (Protease I, Protease II, Amylase, Lactase, Pepsinase, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	
Omega 3/6/9 Fatty Acid Seed Blend	100 mg **
Flax Seed Powder, Sunflower Seed Powder	
Organic Mushroom Mycelium Defense Blend	100 mg **
Reishi (Ganoderma lucidum), Shiitake (Lentinula edodes), Oyster (Pleurotus ostreatus), Enokitake (Flammulina velutipes), Maitake (Grifola frondosa), Yamabushitake (Hericium erinaceus), Agarikon (Fomitopsis officinalis), Chaga (Inonotus obliquus), Himenostictus (Agaricus brasiliensis/biazi), Kawaratake (Trametes versicolor), Mesima (Phellinus linteus), Zhu Ling (Grifola umbellata)	
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine) providing: Hesperidin, Naringin, Naringenin, Erlicitrin, Flavonols and Flavones	60 mg **
Eleuthero (root)	50 mg **
Inositol	50 mg **
Choline (as choline bitartrate)	30 mg **
Rutin (from Sophora japonica) (flower bud) extract	25 mg **
Lutein	500 mcg **

*Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin

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90 TABLETS • Multi-Vitamin Supplement

NO ADDED IRON

Nature's Way

Alive!

Max³ Daily

Multi-Vitamin

MAX POTENCY

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per Serving), Enzymes, Bioflavonoids, EFAs

90 TABLETS • Multi-Vitamin Supplement

Supplement Facts

Serving Size: 3 Tablets / Servings per Container: 30

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Nettle (Urtica sp.) (leaf), Plantain (leaf), Wheat Grass	
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Nature's Way

Alive!

Max³ Daily

Multi-Vitamin

MAX POTENCY

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per Serving), Enzymes, Bioflavonoids, EFAs

90 TABLETS • Multi-Vitamin Supplement

MAX Potency 3x Daily

The most potent, nutrient diverse Alive!® multivitamin tablets with food-based blends:

- **Daily Greens™** blend providing amino acids
- **Orchard Fruits™/Garden Veggies™** powder blend
- **Cardio blend • Digestive Enzyme blend**
- **Omega 3/6/9 Fatty Acid seed blend**
- **Mushroom Mycelium Defense blend**
- **Citrus Bioflavonoid complex**



MAX B-Vitamins

to help convert food into cellular energy*

Whole Body Nutrition

for men and women to help support:

Bones* **Cells*** **Digestion*** **Eyes***

Heart* **Hair/Skin/Nails*** **Immune System*** **Energy Metabolism***

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Premium Formula

Nature's Way

Alive!

Max³ Daily

Multi-Vitamin

MAX POTENCY



ENERGIZER™

with Food-Based blends

Orchard Fruits™ / Garden Veggies™ & Daily Greens™ powder blends (600 mg per Serving), Enzymes, Bioflavonoids, EFAs

90 TABLETS • Multi-Vitamin Supplement

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Supplement Facts

Serving Size: 3 Tablets / Servings per Container: 30

Amount per Serving	% DV
Calories	5
Total Carbohydrate	2 g <1%
Dietary Fiber	<1 g 3%
Vitamin A (67% [10,000 IU] as beta carotene, 33% [5,000 IU] as retinyl acetate)	15,000 IU 300%
Vitamin C (ascorbic acid)	1,000 mg 1,667%
Vitamin D (as cholecalciferol)	1,000 IU 250%
Vitamin E (as d-alpha tocopheryl succinate)	200 IU 667%
Vitamin K (as phytyltonedione)	80 mcg 100%
Thiamin (Vitamin B1)	25 mg 1,667%
Riboflavin (Vitamin B2)	25 mg 1,471%
Niacin (as niacinamide)	125 mg 625%
Vitamin B6 (as pyridoxine HCl, pyridoxal 5-phosphate)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 3,333%
Biotin	325 mcg 108%
Pantothenic Acid (as D-calcium pantothenate)	125 mg 1,250%
Calcium (as citrate/carbonate/pantothenate)	250 mg 25%
Iodine (as potassium iodide and from kelp)	150 mcg 100%
Magnesium (as magnesium oxide)	125 mg 31%
Zinc (as zinc gluconate)	15 mg 100%
Selenium (as L-selenomethionine)	200 mcg 296%
Copper (as copper bisglycinate chelate)	2 mg 100%
Manganese (as manganese bisglycinate chelate)	5 mg 250%
Molybdenum (as sodium molybdate)	75 mcg 100%
Sodium	10 mg <1%
Potassium (as potassium citrate)	50 mg 1%

Daily Greens™ Blend providing Amino Acids
Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley Grass, Blessed Thistle (stem, leaf, flower), Blue Green Algae (Arthrospira (Spirulina) sp.), Chlorella (micro-algae), Cilantro (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemon Grass,