Suggested Usage: Take 1 softgel daily with a meal.

NOW® Vitamin D-3 softgels supply this key vitamin in a highly absorbable liquid softgel form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, vitamin D supplementation becomes even more necessary to ensure that your body receives an adequate supply.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Natural color variation may occur in this product.

SOFTGEL SIZE

CODE 0375 V7

7 33739 00375 1

NOW®

LARGER COUNT

High Potency Vitamin D-3

1,000 IU

Structural Support*

- Helps Maintain Strong Bones*
- Supports Immune System*

Non-GMO

360 Softgels

A Dietary Supplement

K Contains Gelatin

Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin D_3 (as Cholecalciferol) (from Lanolin)	25 mcg (1,000 IU)	125%

Other ingredients: Extra Virgin Olive Oil and Softgel Capsule (bovine gelatin, glycerin, water).

NOW FOODS, 395 S. Glen Ellyn Rd.
Bloomingdale, IL 60108, USA nowfoods.com

Not manufactured with yeast, wheat, gluten, soy, corn, milk, egg, fish or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

QUALITY GMP ASSURED