

Recommendation: Take 3 tablets daily, preferably with food. **Caution:** Individuals with allergies to plants of the *Asteraceae* (Compositae) family, including ragweed, should use this product with caution. If you are pregnant, nursing, have high blood pressure, or taking any medications, consult a healthcare professional before use. This product contains the amino acid phenylalanine. Not formulated for children. Do not exceed recommended dosage.

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Green Bay, WI 54311 USA

Questions? 1-800-NATURE / natureway.com

GLUTEN FREE. No sugar, dairy products, yeast, wheat grain, soy, or artificial colors, flavors, or preservatives.

◆ LN14930 .D01 BLK8004D

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Store at room temperature. Keep bottle tightly closed.

Amount per Serving	% DV
Nettle (Urtica spp.) (leaf), Plantain (leaf), Wheat Grass	200 mg **
Orchard Fruits / Garden Veggies [™] Powder Blend	200 mg **
Blueberry, Orange, Carrot, Pomegranate, Plum, Strawberry, Apple, Beet, Cherry, Pear, Tomato, Cauliflower, Raspberry, Acai, Açaí, Banana, Broccoli, Brussels Sprout, Cabbage, Cranberry, Cucumber, Grape, Pea, Pineapple, Pumpkin, Spinach	100 mg **
Cardio Blend	100 mg **
Heartburn (berber), Japanese Knotweed (root) extract standardized to 50% resveratrol (5 mg), Coenzyme Q10 (ubiquinone 10)	100 mg **
Digestive Enzyme Blend	100 mg **
Concentrated enzyme formula (Protease I, Protease II, Amylase, Lactase, Papain, Cellulase, Invertase, Alpha Galactosidase, Lipase), Betaine HCl, Bromelain, Papain	100 mg **
Omega 3/6/9 Fatty Acid Seed Blend	100 mg **
Flax Seed Powder, Sunflower Seed Powder	100 mg **
Organic Mushroom Mycelium Defense Blend	100 mg **
Reishi (<i>Ganoderma lucidum</i>), Shiitake (<i>Lentinula edodes</i>), Oyster (<i>Pleurotus ostreatus</i>), Enoki (<i>Flemingia velutipes</i>), Maitake (<i>Citricola frondosa</i>), Yamabushitake (<i>Hericium erinaceus</i>), Agarikon (<i>Fomitopsis officinalis</i>), Chaga (<i>Inonotus obliquus</i>), Himematsutake (<i>Agaricus brasiliensis</i>), Kava (<i>Trametes versicolor</i>), Mesima (<i>Phellinus linteus</i>), Zhu Ling (<i>Tricholoma umbellatus</i>)	60 mg **
Citrus Bioflavonoid Complex from orange, grapefruit, lemon, lime, tangerine; Hesperidin, Naringin, Narirutin, Eriodictyol, Flavonols and Flavones	50 mg **
Eleuthero (root)	50 mg **
Inositol	50 mg **
Choline (as choline bitartrate)	30 mg **
Rutin (from <i>Sophora japonica</i> (flower bud) extract)	25 mg **
Lutein	500 mcg **

**Percent Daily Values (DV) are based on a 2,000 calorie diet.

*Daily Value not established.

Other ingredients: cellulose, stearic acid, sodium croscarmellose, hypromellose, silica, magnesium stearate, glycerin

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MAX Potency 3x Daily

The most potent, nutrient diverse Alive![®] multivitamin tablets with food-based blends:

- **Daily Greens[™]** blend providing amino acids
- **Orchard Fruits[™]/Garden Veggies[™]** powder blend
- **Cardio blend • Digestive Enzyme blend**
- **Omega 3/6/9 Fatty Acid seed blend**
- **Mushroom Mycelium Defense blend**
- **Citrus Bioflavonoid complex**



MAX B-Vitamins

to help convert food into cellular energy*

Whole Body Nutrition

for men and women to help support:



*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Premium Formula **Nature's Way**

ENERGIZER[™] with Food-Based blends
Orchard Fruits[™] / Garden Veggies[™] & Daily Greens[™] powder blends (600 mg per Serving), Enzymes, Bioflavonoids, EFAs

60 TABLETS • Multi-Vitamin Supplement

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Supplement Facts

Amount per Serving	% DV
Serving Size 3 Tablets / Servings per Container 20	
Calories	5
Total Carbohydrate	2 g <1%†
Dietary Fiber	<1 g 3%†
Vitamin A (67% (10,000 IU) as beta carotene, 33% (5,000 IU) as retinyl acetate)	15,000 IU 300%
Vitamin C (ascorbic acid)	1,000 mg 1,667%
Vitamin D (as cholecalciferol)	1,000 IU 250%
Vitamin E (as α -tocopheryl succinate)	200 IU 667%
Vitamin K (as phytylphosphoryl succinate)	80 mcg 100%
Thiamin (Vitamin B1)	25 mg 1,667%
Riboflavin (Vitamin B2)	25 mg 1,471%
Niacin (as niacinamide)	125 mg 625%
Vitamin B6 (as pyridoxine HCl, pyridoxal 5-phosphate)	50 mg 2,500%
Folic Acid	400 mcg 100%
Vitamin B12 (as cyanocobalamin)	200 mcg 3,333%
Biotin	325 mcg 108%
Pantothenic Acid (as D-calcium pantothenate)	125 mg 1,250%
Calcium (as citrate/carbonate/pantothenate)	250 mg 25%
Iodine (as potassium iodide and from kelp)	153 mcg 312%
Magnesium (as magnesium oxide)	125 mg 10%
Zinc (as zinc gluconate)	15 mg 100%
Selenium (as L-selenomethionine)	200 mcg 286%
Copper (as copper bisglycinate chelate)	2 mg 100%
Manganese (as manganese bisglycinate chelate)	5 mg 250%
Molybdenum (as sodium molybdate)	75 mcg 100%
Potassium	10 mg <1%
Sodium (as potassium citrate)	50 mg 1%

Daily Greens[™] Blend providing Amino Acids 400 mg **
Spirulina, Kelp, Alfalfa (leaf, stem, flower), Barley Grass, Blessed Thistle (stem, leaf, flower), Blue Green Algae (*Spirulina maxima*), Chlorella (micro-algae), Chlorella (leaf), Dandelion (aerial parts), Lemon Balm (leaf, lemon grass).