

Suggested Usage: For adults and children (age 5 & up): Chew 1 tablet daily with a meal. NOW® Chewable Vitamin D-3 supplies this key vitamin in a tasty chewable form. Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun. However, it is not abundant in food. As more people avoid sun exposure, vitamin D supplementation becomes even more necessary to ensure that your body receives an adequate supply.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children. Contains Xylitol, which is harmful to pets.

Natural color variation may occur in this product.



Chewable Vitamin D-3 1,000 IU

Structural Support*

- Helps Maintain Strong Bones*
- Supports Immune System*
- Natural Fruit Flavor



180 Chewables
A Dietary Supplement



Vitamins

Family owned since 1968.

Supplement Facts

Serving Size 1 Chewable Tablet

	Amount Per Serving	% Daily Value
Vitamin D ₃ (as Cholecalciferol) (from Lanolin)	25 mcg (1,000 IU)	125%

Other ingredients: Xylitol, Sorbitol, Microcrystalline Cellulose, Natural Fruit Flavors (fruit punch, strawberry, raspberry), Beet Powder, Stearic Acid (vegetable source), Ascorbyl Palmitate, Citric Acid and Silicon Dioxide.

NOW FOODS, 395 S. Glen Ellyn Rd.
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Store in a cool, dry place after opening.

