

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, with a meal.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.

Metabolin® is a registered trademark of Merck KGaA, Darmstadt, Germany.

Zeaxanthin is sourced from OPTISHARP® Natural brand. OPTISHARP® Natural is a trademark of DSM.

TRAACS® is a registered trademark of Albion Laboratories, Inc.



Scan to learn about our hypoallergenic supplements



Use only if safety seal is intact.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

Certified Gluten-Free by the Gluten-Free Certification Organization, www.gluten.org



O.N.E.™
Multivitamin

Once-daily Nutrient Essentials with sustained-release CoQ10; Multivitamin/mineral formula for daily wellness†

Gluten-free, Non-GMO
& Hypoallergenic

Dietary Supplement

120 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 120

	Amount Per Serving	%DV
Vitamin A (as vitamin A acetate and 73% beta carotene)	1,125 mcg	125%
Vitamin C (as ascorbic acid)	180 mg	200%
Vitamin D (as cholecalciferol) (D ₃)	50 mcg (2,000 IU)	250%
Vitamin E (as d-alpha tocopherol succinate)	20 mg	134%
Thiamin (as thiamin HCl) (B ₁)	3 mg	250%
Riboflavin (as vitamin B ₂ and 43% riboflavin 5' phosphate (activated B ₂))	3 mg	231%
Niacin (as niacinamide)	20 mg	125%
Vitamin B ₆ (as pyridoxine HCl and 38% pyridoxal 5' phosphate (activated B ₆))	4 mg	235%
Folate (as Metabolin®, L-5-MTHF)	667 mcg DFE (400 mcg L-5-MTHF)	167%
Vitamin B ₁₂ (as methylcobalamin)	500 mcg	20,833%
Biotin	300 mcg	1,000%

Other ingredients: vegetarian capsule (cellulose, water), potato starch, ascorbyl palmitate

Product may have a mottled appearance.

CHROMEMATE® ChromeMate® brand niacin-bound chromium. ChromeMate® is a registered trademark of InterHealth, N.I.

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

MicroActive® is a registered trademark of BioActives, LLC

®FloraGLO is a registered trademark of Kemira Industries, Inc.

Pantothenic acid (as calcium pantothenate) (B ₅)	10 mg	200%
Choline (as choline bitartrate)	10 mg	2%
Iodine (as potassium iodide)	150 mcg	100%
Zinc (as zinc citrate)	25 mg	227%
Selenium (as selenomethionine)	70 mcg	127%
Manganese (as manganese citrate)	2 mg	87%
Chromium (as chromium polynicotinate)	200 mcg	571%
Molybdenum (as TRAACS® molybdenum glycinate chelate)	75 mcg	167%
Boron (as boron glycinate)	1 mg	*
Inositol	25 mg	*
Coenzyme Q ₁₀ (from MicroActive® Q ₁₀ -cyclodextrin complex and CoQ ₁₀)	50 mg	*
Alpha lipoic acid	50 mg	*
FloraGLO® lutein	3 mg	*
Zeaxanthin	500 mcg	*
Lycopene	500 mcg	*

*Daily value (DV) not established

manufactured by: **Pure Encapsulations**
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code: **ONE1**