

**SUGGESTED USAGE:** Mix 1 level tablespoon into 8 oz. of water or other beverage 1 to 3 times daily.

Leucine is one of the three branched-chain amino acids (BCAAs) that is critical in muscle tissue structure.\* Among the BCAAs, leucine is unique in its role as a signaling molecule that helps to regulate optimal skeletal muscle protein synthesis in normal tissues.\* In addition, it helps to maintain already healthy glucose metabolism and insulin function, and may help to promote the use of fat for energy.\* Studies suggest that leucine, in conjunction with adequate dietary protein, may help to build and maintain lean tissue and optimize body composition.\* NOW® Sports Leucine Powder is instantized for easy mixing in water, beverages or smoothies. No clumping.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication, or have a medical condition. Keep out of reach of children.

Code 0241N V4



# L-LEUCINE POWDER

AMINO ACIDS

MIXES  
EASILY

BUILDS  
LEAN  
TISSUE\*

FREE  
FORM



NET WT. 9 OZ. (255 G)  
A Dietary Supplement



## Supplement Facts

Serving Size 1 Level Tablespoon (approx. 5 g)  
Servings Per Container about 51

### Amount Per Serving

|                                            |                 |
|--------------------------------------------|-----------------|
| L-Leucine Powder<br>(Instantized, Non-GMO) | 5 g (5,000 mg)* |
|--------------------------------------------|-----------------|

\* Daily Value not established.

Other ingredient: Non-GMO Sunflower Lecithin (< 5%).

Quality Tested & Packaged by NOW FOODS  
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nowsportsproducts.com

Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This product is sold by weight not volume.

Natural color variation may occur in this product.

Store in a cool, dry, dark place after opening.