

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule, 2 times daily, with meals.

Warning: If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use.

Keep out of the reach of children.



Scan to learn about
our hypoallergenic
supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



Multi t/d

*Twice-daily multivitamin/
mineral complex for daily wellness†*

**Gluten-free, Non-GMO
& Hypoallergenic**

Dietary Supplement

120 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 120

	Amount Per Serving	%DV
Vitamin A (as beta carotene)	675 mcg	75%
Vitamin C (as ascorbic acid)	250 mg	278%
Vitamin D (as cholecalciferol)(D ₃)	12.5 mcg (500 IU)	63%
Vitamin E (as d-alpha tocopherol succinate)	34 mg	223%
Thiamin (as thiamin HCl) (B ₁)	25 mg	2,083%
Riboflavin (as vitamin B ₂ and 28% riboflavin 5' phosphate (activated B ₂))	17.35 mg	1,335%
Niacin (as niacin and 67% niacinamide)	37.5 mg	234%
Vitamin B ₆ (as pyridoxine HCl and 40% pyridoxal 5' phosphate (activated B ₆))	10.4 mg	612%

Other ingredients: vegetarian capsule (cellulose, water), ascorbyl palmitate

Folate (as Metafolin®, L5-MTHF) (400 mcg L5-MTHF)	667 mcg DFE	167%
Vitamin B ₁₂ (as methylcobalamin)	250 mcg	10,417%
Biotin	400 mcg	1,333%
Pantothenic acid (as calcium pantothenate) (B ₅)	25 mg	500%
Iodine (as potassium iodide)	100 mcg	67%
Zinc (as zinc picolinate)	7.5 mg	68%
Selenium (as selenomethionine)	50 mcg	91%
Chromium (as chromium polynicotinate)	100 mcg	286%
Proprietary mixed carotenoid blend (as lutein, lycopene, zeaxanthin)	212 mcg	*
FloraGLO® lutein	3 mg	*
Zeaxanthin	500 mcg	*

* Daily value (DV) not established

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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Merck KGaA, Darmstadt, Germany.

Zeaxanthin is sourced from OPTISHARP® Natural brand.
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