

STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 1 capsule daily, with a meal, or as directed by a health professional.

Warning: See side panel.

Keep out of the reach of children.



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our hypoallergenic
supplements

Use only if safety
seal is intact.

Contents may not fill
package in order to
accommodate required
labeling. Please rely on
stated quantity.

Certified Gluten-Free
by the Gluten-Free
Certification Organization,
www.gluten.org



Lithium (orotate) 5 mg

*Supports emotional wellness,
mood and behavior†*

Gluten-free, Non-GMO
& Hypoallergenic
Dietary Supplement
180 CAPSULES



Supplement Facts

Serving size 1 capsule
Servings per container 180

	Amount Per Serving	%DV
Lithium (as lithium orotate)	5 mg	*
N-Acetyl-L-Cysteine (free-form)	200 mg	*

*Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water),
ascorbyl palmitate, hypoallergenic plant fiber (cellulose)

WARNING: Not to be taken by pregnant and lactating women.
Not to be taken in conjunction with antidepressants unless
advised by a health professional. Individuals with bipolar
disorder and depression must be monitored closely by a health
professional if taking this supplement. It is recommended
that individuals taking this supplement have kidney function
monitored regularly. If you have any health condition or are taking
any medication, consult your health professional before use. Do
not exceed the dose recommended by your health professional.

**†This statement has not been evaluated by the Food and
Drug Administration. This product is not intended to
diagnose, treat, cure, or prevent any disease.**

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