

SUGGESTED USAGE: Add 1 level scoop of BCAA Big 6 to a glass or shaker cup filled with 14-16 oz. of water or your favorite beverage. Stir or shake vigorously for about 15-20 seconds to ensure a good mix. Can be taken before, during, or after exercise.

BCAA Big 6 is an advanced caffeine-free sports supplement formulated to support exercise endurance and recovery from intense workouts.* BCAA Big 6 features branched-chained amino acids (BCAAs) to support muscle retention and recovery, and betaine to help maintain fluid balance during exercise.* BCAA Big 6 also has taurine, which can further support endurance.* BCAA Big 6 includes citrulline and glutamine to complement this formula.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Caution: For adults only. Consult physician if pregnant/nursing, taking medication (including antihypertensive, nitrates, vasodilating drugs and/or diuretic medications), or have a medical condition (including heart and/or conditions affecting blood pressure). Keep out of reach of children. Contains Xylitol, which is harmful to pets.

Do not eat freshness packet enclosed.

Code 0119N v2



BCAA BIG 6

● AMINO ACIDS / ENDURANCE* / RECOVERY* ●



NATURAL
GRAPE

6 AMINO
ACIDS

5 G
BCAAs

1.5 G
BETAINE

NET WT. 600 G (21.16 OZ.)

A Dietary Supplement



Supplement Facts

Serving Size 1 Level Scoop (approx. 19 g)

Servings Per Container about 32

	Amount Per Serving	% Daily Value
Calories	25	
Total Carbohydrate	7 g	3%*
Xylitol	2 g	†
Sodium	240 mg	10%
Branched-Chain Amino Acids (L-Leucine, L-Isoleucine, L-Valine)	5 g (5,000 mg)	†
Betaine Anhydrous [TMG (Trimethylglycine)]	1.5 g (1,500 mg)	†
L-Citrulline	1 g (1,000 mg)	†
L-Glutamine	1 g (1,000 mg)	†
Taurine	1 g (1,000 mg)	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Natural Flavors, Xylitol, Sodium Bicarbonate Powder, Citric Acid, Tartaric Acid, Silicon Dioxide, Malic Acid, Grape Skin Extract, Guar Gum, Stevia Leaf Extract (Rebaudioside A) and Xanthan Gum.

Manufactured & Quality Tested by NOW FOODS
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Not manufactured with wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product.

Store in a cool, dry, dark place after opening.