

Suggested Usage: Take 1 tablet daily.

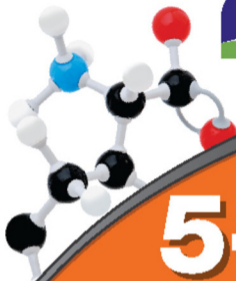
5-HTP is a naturally occurring amino acid that's a precursor for the neurotransmitter serotonin, which supports a positive mood and outlook and may help to manage appetite.* NOW® 5-HTP Sustained Release (Amino SR™) Tablets allow for steady release and more gradual utilization of 5-HTP, and may be better tolerated by individuals who are sensitive to conventional 5-HTP supplements.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Caution: For adults only. Not recommended for pregnant/nursing women. Consult physician if taking medications (especially antidepressants), or have a medical condition. May cause drowsiness and mild transient GI symptoms. Take with food in case of GI upset. Keep out of reach of children.

CODE 0115 V2

TABLET
SIZE



5-HTP

200 mg

Sustained Release - Amino SR™

Neurotransmitter Support*

Supports a Positive Mood*

90 Tablets

A Dietary Supplement Vegetarian/Vegan



Amino Acids

Family owned since 1968.

Supplement Facts

Serving Size 1 Tablet

Amount Per Serving

5-HTP (5-hydroxytryptophan) (from <i>Griffonia simplicifolia</i> Extract) (Seed)	200 mg*
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* Daily Value not established.

Other ingredients: Microcrystalline Cellulose, Hypromellose (cellulose), Stearic Acid (vegetable source) and Silicon Dioxide.

Manufactured & Quality Tested by NOW FOODS
395 S. Glen Ellyn Rd., Bloomingdale, IL 60108, USA
nowfoods.com

Not manufactured with wheat, gluten, soy, corn, milk, egg, fish, shellfish or tree nut ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

This sustained release tablet is formulated for full release within 4 hours.

