



vitamin E plus selenium

268mg

vitamin
100 softgels
dietary supplement

mixed tocopherols^v
immune^v
antioxidant^v

gluten
free

dairy
free

nut
free

actual size

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% Daily Value
Vitamin E (as d-alpha, d-beta, d-gamma, d-delta tocopherols and d-alpha tocopheryl acetate)	268 mg	1790%
Selenium (as L-selenomethionine)	50 mcg	90%

Other ingredients: Gelatin, glycerin, soybean oil, yellow beeswax, soy lecithin, purified water.

Contains: Soy.

Does not contain: Gluten, Sugar, Salt, Preservatives, Artificial Colors or Flavors.

DIRECTIONS: Take one (1) softgel daily, preferably with a meal.

WARNING: Consult your healthcare provider prior to use if you are pregnant, nursing, taking any medication or have any medical conditions.

Natural Source d-Alpha Vitamin E. Research has shown that natural source d-Alpha Vitamin E delivers twice the bioavailability of dl-Alpha, the synthetic form of Vitamin E. This product contains 100% d-Alpha Vitamin E from natural food sources combined with d-Gamma, d-Beta and d-Delta tocopherols, the rest of the Vitamin E family.

^v These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN.

TAMPER EVIDENT Do not use if outer seal is broken or missing.

Distributed by: Vitamin Shoppe, Inc. Secaucus, NJ 07094
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