Informed-Choice* is a quality assurance program that certifies that all nutritional supplements and/or ingredients that bear the Informed-Choice logo have been tested for banned

AMOUNTS PROTEIN CALDRIES CARBS FAT SUGAR BCAAS LEUCINE SERVING 219 140 79 39 59 4.59 2.19

substances by the world class sports anti-doping lab, LGC.

FAST AND SLOW RELEASE PROTEINS

FAST & SLOWER ACTING PROTEINS

Elite XT[®] protein powder delivers the muscle building potency of milk proteins, fast acting whey and slower acting casein, to support the development of muscle strength and size in response to serious training. Strategically formulated to deliver 2.1 grams of leucine and 4.5 grams of total BCAAs, Elite XT promotes muscle response whether you're a beginner or a pro. BCAAs are the muscle-building. amino acids that naturally occur in (www.informed-choice.org). protein, with leucine being the BCAA directly involved in activating muscle protein synthesis.

Whey protein is known worldwide as the fastest digesting and absorbing natural protein. Casein is digested more slowly which supports muscle protein building for hours. Flite XT is formulated at a 4:1 ratio of whey to casein which makes Elite XT ideal after tough workouts or throughout the day.

Dymatize® proteins are formulated the test in university studies and at elite professional training facilities. Dymatize protein powders are always manufactured in GMP Certified facilities. meaning that all ingredients and final products are rigorously tested and validated clean and safe. They are banned substance tested for athlete's reassurance by Informed-Choice*

DYMATIZE PROTEIN ETHIGS

100% of the protein claimed per serving is derived from high-quality. intact proteins. All Elite XT protein powders are instantized for easy mixing ensuring that you get world class taste and consistency from every serving. We do not amino spike.





Dymatize

NET WT 4 LB (1.8 kg)

PROTEIN POWDER MULTI-SOURCE PROTEIN BLEND

52 SERVINGS BANNED SUBSTANCE TESTED • GLUTEN FREE

CHOCOLATE PEANUT BUTTER naturally and artificially flavored

Manufactured for and distributed by Dymatize Enterprises, LLC Dallas, TX 75207 USA (888) 334-5326

CONTAINS: MILK, PEANUT AND SOY,

PERFECTING ATHLETIC NUTRITION

DIRECTIONS: Add 1 scoop (included) to 8 fl. oz. of water, milk or your favorite beverage and mix thoroughly. Adjust the amount of fluid to achieve desired taste and consistency. Enjoy before workouts, after workouts or anytime.

TYPICAL AMINO ACID PROFILE **Nutrition Facts** 219 TOTAL AMINO ACIDS PER SERVING

Why Leucine?

CONDITIONALLY ESSENTIAL

Is Clutamine important?

26%

NON-ESSENTIAL

AMINO ACIDS (CEAAs): 5.9 g

AMINO ACIDS (NON-EAAs): 5.4 q

Why is non-essential... essential?

ESSENTIAL AMINO ACIDS (EAAs): 9.6 q

ELI RATIO 4.5 g

OTHER FAAS

CHITAMINE

OTHER CEAR

NON-FAAs

5.4g

3.8 g

5.1 g

About 52 servings per container Serving size 1 Scoop (35g) 140 Calories Total Fat Saturated Fat 1.5g Trans Fat 0g Cholesterol 75mg 25% Sodium 260mg 11% Total Carbohydrate 7g Dietary Piber <1g Total Sugars 5g Includes 0g Added Sugars Calcium 220mg Iron 1.1mg

INGREDIENTS: PROTEIN BLEND (WHEY PROTEIN CONCENTRATE, MILK PROTEIN ISOLATE, WHEY PROTEIN ISOLATE, MICELLAR CASEINI, COCOA POWDER (PROCESSED WITH ALKALI), PARTIALLY DEFATTED PEANUT FLOUR LESS THAN 1% OF SUNFLOWER CREAMER (SUNFLOWER OIL MALTODEXTRIN, MICELLAR CASEIN, SOY LECITHIN SODIUM CITRATE, TRICALCIUM PHOSPHATE), SALT GUM BLEND (CELLULOSE GUM, XANTHAN GUM. CARRAGEENAMI, MALTODEXTRIN, NATURAL AND ARTIFICIAL FLAVOR, SOY LECITHIN, CELLULOSE GUM, SUCRALDSE, STEVIOL GLYCOSIDES (STEVIA) SUNFLOWER LECITHIN.

"The % Daily Values tells you how much a nutrient in a serving of food contributes to a daily cliet. 2,000 calories a day is user

**All Amino Acids are naturally occurring in protein. Amounts are based on one fincludes Glutamic Acid



STORE IN A COOL, DRY PLACE. KEEP OUT OF REACH OF CHILDREN

DYMATIZE.COM

Notice: Use this product as a food supplement only. Do not use for weight reduction.