Traceable Purity

"Our herbals are special because we source ingredients from sustainable organic farms and use an Organic, Non-GMO extraction method without the use of conventional corn alcohol or other harsh chemicals. I'm really proud to share these with you!'

Enjoy! Love, Alicia



These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.











Palm Beach Gardens, FL 33410 USA Certified Organic by QCS Made in the U.S.A. from foods grown in the U.S.A. and other countries www.gardenoflife.com

Corporation MKOHA60L-052118



ASHWAGANDHA

STRESS & MOOD







Fermented Ginger & Probiotics for Digestion[†]

2 MONTH SUPPLY 60 Vegan Tablets

Herbal Supplement



Other Ingredients: Clean Tablet Technology™ Blend (patent pending Organic Gum Arabic, Organic Dextrose, Organic Coating (Organic Tapioca Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil,

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision

Keep out of reach of children. Store in a cool, dry place. Do not use if safety seal is broken or missing. Made without dairy or soy ingredients peanut, tree nuts or shellfish. Manufactured in a facility that also processes soy, dairy, peanut, tree nuts and shellfish. No artificial colors or preservatives

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are





Certified by the nonprofit B Lab to meet rigorous standards of social and environmental performance accountability and transparency

"Let food be thy medicine and medicine be thy food"

Suggested Use: Adults take 1 tablet daily.

— Hippocrates



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CERTIFIED ORGANIC



NON-GMO VERIFIED



VEGAN CERTIFIED



CERTIFIED GLUTEN-FREE

WWW.GARDENOFLIFE.COM

Ashwagandha is a clinically studied adaptogenic herb that nourishes your adrenal glands, helping your body to manage stress, optimize energy levels and fight fatique. Inspired by centuries of Ayurveda, we've added Organic Fermented Ginger Root to our

Ashwagandha for its synergistic effect.

- Promotes a healthy stress response
- · Boosts energy & mood1
- With probiotics added to enhance digestion[†]
- ✓ Traceable, Tested & True
- 3rd Party Audited, Certified Organic & Non-GMO Verified
- Expertly Formulated

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ASHWAGANDHA

STRESS & MOOD¹





Supports Optimal Energy Levels[†]

Fermented Ginger & Probiotics for Digestion[†]

2 MONTH SUPPLY 60 Vegan Tablets



Not intended for children. **Supplement Facts**

Servings Per Container 60

Amount Per % Daily Serving

50 mg

4 ma

Organic Ashwagandha Root 600 ma Extract (30mg Withanolides)

Organic Fermented Ginger Root Probiotic Blend

Bifidobacterium lactis Bl-04 Lactobacillus acidophilus La-14

+ Daily Value not established

Other Ingredients: Clean Tablet Technology™ Blend (patent pending): Organic Gum Arabic, Organic Dextrose, Organic Coating (Organic Tapioca Maltodextrin, Organic Sunflower Lecithin, Organic Palm Oil, Organic Guar Gum).

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Distributed by Garden of Life LLC

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