

Medium Chain Triglycerides (MCTs) are naturally found in coconut oil and are quickly digested, absorbed and converted into energy for the body and brain.[†] Our **Organic MCT Powder** is unflavored, convenient and easy to mix.



Sustainably
Grown
Coconuts



No Palm Oil
or Other
Fillers



No
Hexane



CERTIFIED



TRULY CLEAN



MIX in
Coffee.



ADD to
shakes.



BLEND in
smoothies.



USE in
cooking.

Learn more about the Keto Diet and our farms from David Perlmutter, M.D., Board Certified Neurologist @ www.gardenoflife.com/keto.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dr. Formulated
KETO

organic

MCT POWDER

FAST FUEL for **BODY & BRAIN[†]**

MIXES
EASILY

6g MCTs

PREBIOTIC &
PROBIOTICS



30 SERVINGS

NET WT 10.58 oz (300 g)
DIETARY SUPPLEMENT

Suggested Use: Add to food or beverage (scoop included).

Supplement Facts

Serving Size 1 Scoop (10g)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	60	
Total Fat	6 g	8% ¹
Saturated Fat	6 g	30% ¹
Total Carbohydrate	3 g	1% ¹
Dietary Fiber	3 g	11% ¹
Calcium	34 mg	3% ¹
Magnesium	7 mg	2% ¹
Organic Coconut Medium Chain Triglycerides	6 g	+
C8:0 - Caprylic Acid	3.5 g*	
C10:0 - Capric Acid	2 g*	
C12:0 - Lauric Acid	0.5 g*	
Organic Acacia Prebiotic Fiber	3 g	
Lactobacillus plantarum (1.5 Billion CFU)	10 mg	+

¹Percent Daily Values are based on a 2,000 calorie diet.
+Daily Value not established.

Contains: Tree Nuts (Coconut).

*Naturally occurring.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.

Do not use if safety seal is broken or missing. Made without dairy or soy ingredients, added sugars, filler ingredients, nor artificial colors, flavors, sweeteners or preservatives.

Manufactured in a facility that also processes egg, milk, soy and tree nuts.

Distributed by Garden of Life LLC

4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA

Certified Organic by QCS www.gardenoflife.com

Made in the U.S.A. from foods grown in the U.S.A. and other countries.

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For freshest flavor, refrigerate after opening and consume within 30 days. May also be stored in a cool, dry place.

This product requires aeration at the time of filling. Over time, the powder will settle causing the container to appear under 70% full. Packaged by weight not volume. Net weight and servings are clearly marked.



Recyclable
Bottle

BPA FREE



We Buy
100% Certified
Renewable
Energy

Certified



Corporation

FLIP