Medium Chain Triglycerides (MCTs) are naturally found in coconut oil and are quickly digested, absorbed and converted into energy for the body and brain.† Our Organic MCT Powder is unflavored, convenient and easy to mix.



Sustainably Grown Coconuts



No Palm Oil or Other Fillers



No Hexane











TRULY CLEAN









ADD to shakes.

smoothies.

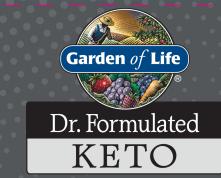
BLEND in

USE in

cooking.

Learn more about the Keto Diet and our farms from David Perlmutter, M.D., Board Certified Neurologist @ www.gardenoflife.com/keto.

†These statements have not been evaluated by the Food and <u>Drug Administration</u>. This product is not intended to diagnose, treat, cure or prevent any disease.



organic MCT POWDER

FAST FUEL for BODY & BRAIN



6g MCTs

PREBIOTIC & PROBIOTICS



30 SERVINGS







NET WT 10.58 oz (300 g) **DIETARY SUPPLEMENT**

Suggested Use: Add to food or beverage (scoop included).

Supplement Facts

Serving Size 1 Scoop (10a) Servings Per Container 30

	Amount Per Serving	% Dail
Calories	60	
Total Fat	6 g	8%
Saturated Fat	6 g	30%
Total Carbohydrate	3 g	1%
Dietary Fiber	3 g	11%
Calcium	34 mg	3%
Magnesium	7 mg	2%
Organic Coconut Medium Chain Triglycerides	6 g	+
C8:0 - Caprylic Acid	3.5 g*	
C10:0 - Capric Acid	2 g*	
C12:0 - Lauric Acid	0.5 g*	
Organic Acacia Prebiotic Fiber	3 g	
Lactobacillus plantarum (1.5 Billion CFU)	10 mg	+

¹Percent Daily Values are based on a 2,000 calorie diet.

+Daily Value not established

Contains: Tree Nuts (Coconut).

*Naturally occurring. **CAUTION:** As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular



and other countries.

basis or are otherwise under medical supervision Keep out of reach of children.

Do not use if safety seal is broken or missing. Made without dairy or soy ingredients, added sugars, filler ingredients, nor artificial colors.

flavors, sweeteners or preservatives. Manufactured in a facility that also processes egg,

milk, soy and tree nuts.

Distributed by Garden of Life LLC 4200 Northcorp Parkway, Palm Beach Gardens, FL 33410 USA Certified Organic by QCS www.gardenoflife.com Made in the U.S.A. from foods grown in the U.S.A



This product requires aeration at the time of filling. Over time, the powder will settle causing the container to appear under 70% full. Packaged by weight not volume. Net weight and servings are clearly marked.





Recyclable





