

NO MATH. JUST MIX.
70% FAT : 20% PROTEIN : 10% CARBS
Approximation based on calories.

David Perlmutter, M.D., makes following a KETO Diet easy and delicious with our **Keto Fit Weight Loss Shake**.^{†*}

Our **Keto Fit** is formulated with clinically studied ingredients to help make your KETO Diet and exercise program more effective.^{†*}



BURNS FAT[†]
Organic Svetol®
Organic Coffeeberry®
50mg Caffeine



FIGHTS CRAVINGS[†]
Organic Ashwagandha
Organic Grass Fed Butter
with CLA and MCT



SUPPORTS DIGESTION[†]
1.5 Billion CFU
Probiotics



rBST, rBGH and Antibiotic Free



SHAKE with
water.



BLEND in
smoothies.



USE in
baking.

Learn more about the Keto Diet and our farms from David Perlmutter, M.D., Board Certified Neurologist @ www.gardenoflife.com/keto.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Dr. Formulated
KETO

KETO FIT

WEIGHT LOSS SHAKE*

BURNS FAT & FIGHTS CRAVINGS[†]

70%
FAT

20%
PROTEIN

10%
CARBS



VANILLA

GRASS FED BUTTER & WHEY • STUDIED INGREDIENTS • PROBIOTICS

10 SERVINGS

NET WT 12.52 oz (355 g)

DIETARY SUPPLEMENT ©D



Supplement Facts

Serving Size 2 Scoops (35.5g)
Servings Per Container 10

	Amount Per Serving	% Daily Value
Calories	210	
Total Fat	16 g	21% ¹
Saturated Fat	11 g	55%
Cholesterol	50 mg	17%
Total Carbohydrate	5 g	2% ¹
Dietary Fiber	4 g	14% ¹
Total Sugars	1 g	+
Includes 0g Added Sugars		0%
Protein	10 g	20% ¹
Vitamin A (from retinol, beta carotene)	220 mcg	24%
Vitamin E	0.3 mg	2%
Calcium	104 mg	8%
Iron	0.3 mg	2%
Iodine	10.5 mcg	7%
Magnesium	21 mg	5%
Selenium	2.75 mcg	5%
Chromium	3.5 mcg	10%
Molybdenum	4.5 mcg	10%
Sodium	120 mg	5%
Potassium	282 mg	6%

Organic Grass Fed Butter Powder	20 g	+
Organic Grass Fed Butter, Organic Grass Fed Nonfat Milk		
Truly Grass Fed™ Whey Protein Isolate	11.4 g	+
Weight Loss Blend	822 mg	+
Organic Svetol® (Naturally Decaffeinated Green Coffee Bean Extract)	450 mg	
Organic Ashwagandha	300 mg	
Organic Coffeeberry® Whole Coffee Fruit Extract (Standardized to 70% Caffeine)	72 mg	
<i>Laetobacillus plantarum</i> (1.5 Billion CFU)	10 mg	+

¹Percent Daily Values based on a 2,000 calorie diet.
+Daily Value not established.

Other Ingredients: Organic Vanilla Flavors, Sea Salt, Organic Stevia Extract (leaf).

Contains: Milk

Suggested Use: Mix 2 scoops in 10oz of water (scoop included). Not intended for children.

All nutrients are naturally occurring. This product has not been fortified with vitamins or minerals.

Contains 50mg of naturally occurring caffeine per serving.

For freshest flavor, refrigerate after opening and consume within 30 days. May also be stored in a cool, dry place.

This product requires aeration at the time of filling. Over time, the powder will settle causing the container to appear under 70% full. Packaged by weight not volume. Net weight and servings are clearly marked.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children.

Do not use if safety seal is broken or missing.

Made without soy ingredients, added sugars, filler ingredients, nor artificial colors, flavors, sweeteners or preservatives.

Manufactured in a facility that also processes egg, soy and tree nuts.



Organic Svetol® is a registered trademark of Naturex, Inc.



Coffeeberry® is a registered trademark of VDF FutureCeuticals, Inc.

Certified



Corporation

Certified by the nonprofit B Lab to meet rigorous standards of social and environmental performance, accountability and transparency.



Distributed by Garden of Life LLC

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