

Country Life's GABA Relaxer™ is a unique complex that contains GABA, other amino acids, as well as Vitamin Bs.** GABA helps to relax and calm the mind, allowing you to better focus and to support sleep.** In a Rapid Release® base.

**** These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

YES CERTIFIED GLUTEN-FREE BY GFCO.ORG	NO YEAST, WHEAT OR SOY
YES CERTIFIED VEGAN BY THE AVA	NO MILK OR SALT
YES RECYCLABLE PACKAGING	NO PRESERVATIVES
YES MANUFACTURING SUPPORTS WIND POWER	NO ARTIFICIAL COLORS,
YES KOSHER-PARVE	FLAVORS OR SWEETENERS

This product has been manufactured at a GMP Registered facility.

Do not accept if seal is broken. Store in a dry place between 59°-86° F.
Keep out of the reach of children.

Lot No:

Best by:



ESTABLISHED
— 1971 —
**Country
Life**

GABA RELAXER™

Certified Gluten-Free

- Promotes Relaxation**
- Rapid Release® base
- Includes Vitamin B6 for utilization**

Dietary
Supplement **60 Tablets**

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take two (2) tablets before bedtime. Do not exceed recommended dose. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 2 tablets
Servings Per Container 30

Amount Per Serving	% Daily Value
Niacin (as niacinamide).....	200 mg..... 1,250%
Vitamin B6.....	17 mg..... 1,000%
(as pyridoxine hydrochloride)	
Taurine (free form).....	600 mg..... *
Inositol.....	600 mg..... *
Glycine (free form).....	400 mg..... *
GABA (gamma-aminobutyric acid).....	200 mg..... *

* Daily Value not established.

Other Ingredients: Cellulose, stearic acid, organic coating (tapioca maltodextrin, sunflower lecithin, sustainable palm oil, guar gum), magnesium stearate, silica, natural vanilla flavor. **CAUTION:** Not for use by pregnant or nursing women. Do not operate heavy machinery or drive a motor vehicle after taking this supplement. If you are taking medication, have a medical condition, or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 1501