

5-HTP is the raw material your body uses to make serotonin, the master mood-regulating neurotransmitter. Increasing the amount of 5-HTP in your body supports serotonin production.*

Because 5-HTP has a very short half-life in the body, we employ our patented Sustained Release Technology (SRT), so that you get a longer-lasting effect.

And to ensure you get the highest quality of 5-HTP available, we use only the highest quality form from the seeds of the *Griffon simplicifolia* tree primarily found in the West African countries.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Should not be used if tamper evident seal is broken.
Keep out of reach of children. Store in a cool dry place.



The Magnesium People.

5-HTP w/SRT®

5 - H Y D R O X Y T R Y P T O P H A N

Maintains mental and emotional well-being.*



120 TABLETS | DIETARY SUPPLEMENT

Supplement Facts

Serving Size - 1 Tablet
Servings Per Container - 120

	Amount per Serving	% Daily Value †
L-5-hydroxytryptophan (L-5-HTP from <i>Griffon simplicifolia</i> seeds)	100 mg	†

† Daily Value not established

Other Ingredients: Microcrystalline Cellulose (Binder), Stearic Acid (Lubricant), Guar Gum (Used to achieve Sustained Release Technology), Hydroxypropyl cellulose (Plant-based insoluble fibers used to achieve Sustained Release Technology), Magnesium Stearate (Lubricant), Croscarmellose Sodium (Plant-based insoluble fiber used as disintegrant), Xanthan Gum (Used to achieve Sustained Release Technology), Silicon Dioxide (Anti-caking agents), Hydroxypropyl Methyl Cellulose (Coating), Food glaze and Micro Wax (Exterior coating for easier swallowing).

Suggested Use: Take 1 tablet daily, with or without food, or use as directed by your healthcare professional.

Distributed by: Jigsaw Health, LLC.
9035 E Pima Ctr Pkwy #3, Scottsdale, AZ 85258
480-951-0840 • www.JigsawHealth.com