

Country Life® uses only Suntheanine®, a form of L-Theanine with over 50 studies and patents. L-Theanine has been referred to as the happy amino for its ability to help reduce stress.** It has also been shown to help diminish normal symptoms of PMS when taken 400 mg daily.**

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

†Suntheanine® is a registered trademark of Taiyo International, Inc. Use of Suntheanine® is protected by U.S. Trademark Registration No. 2,548,957, U.S. and International Patents Pending. US Patent Nos 6,831,103; 6,589,566.

YES NON-GMO
YES CERTIFIED GLUTEN FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER

Lot No:

Best by:



NO YEAST, WHEAT OR CORN
NO SOY, MILK OR SALT
NO SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

L-THEANINE

200 mg

Suntheanine®

Certified Gluten-Free

- Gently soothes away the tension**
- Helps reduce stress**
- Includes Vitamin B-6 for utilization**



Dietary Supplement **60** Vegan Capsules

— Our PLEDGE of INTEGRITY —
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) capsule daily on an empty stomach. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving	% Daily Value	
Vitamin B-6 (as pyridoxine hydrochloride)	4.25 mg	250%
Suntheanine® L-Theanine†	200 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), magnesium stearate, silica.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur. **Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.**

This product has been manufactured at a GMP Registered facility.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 1412