

Country Life® uses only Suntheanine®, a form of L-Theanine with over 50 studies and patents. L-Theanine has been referred to as the happy amino for its ability to help reduce stress.** It has also been shown to help diminish normal symptoms of PMS when taken 400 mg daily.**

****These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

†Suntheanine® is a registered trademark of Taiyo International, Inc. Use of Suntheanine® is protected by U.S. Trademark Registration No. 2,548,957. U.S. and International Patents Pending. US Patent Nos 6,831,103; 6,589,566.

YES NON-GMO
YES CERTIFIED GLUTEN-FREE BY GFCO.ORG
YES CERTIFIED VEGAN BY THE AVA
YES RECYCLABLE PACKAGING
YES MANUFACTURING SUPPORTS WIND POWER
YES KOSHER

NO YEAST, WHEAT OR CORN
NO SOY, MILK OR SALT
NO SUGAR OR PRESERVATIVES
NO ARTIFICIAL COLORS, FLAVORS OR SWEETENERS

Lot No:

Best by:



L-THEANINE

200 mg

Suntheanine®

Certified Gluten-Free

- Gently soothes away the tension**
- Helps reduce stress**
- Includes Vitamin B-6 for utilization**



Dietary Supplement **30** Vegan Capsules

Our PLEDGE of INTEGRITY
AUTHENTICITY • CLEANLINESS • FRESHNESS
CONSISTENCY • ACCURACY

Directions: Adults take one (1) capsule daily on an empty stomach. As a reminder, discuss the supplements and medications that you take with your health care providers.

Supplement Facts

Serving Size 1 capsule

Amount Per Serving		% Daily Value
Vitamin B-6 (as pyridoxine hydrochloride)	4.25 mg	250%
Suntheanine® L-Theanine†	200 mg	*

* Daily Value not established.

Other Ingredients: Cellulose, cellulose (capsule shell), magnesium stearate, silica.

CAUTION: If you are pregnant, nursing, or taking medication, have a medical condition or planning surgery, consult a doctor before using this product. Stop using and consult a doctor if any adverse reactions occur.

Do not accept if seal is broken. Store in a dry place between 59°-86° F. Keep out of the reach of children.

This product has been manufactured at a GMP Registered facility.

Manufactured by Country Life, LLC
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CountryLifeVitamins.com
Product No. 1411