

Solgar® No. 7 is the next generation alternative after glucosamine that increases mobility, flexibility and range of motion in sensitive joints.* In this breakthrough formulation, No. 7 brings together bio-active nutrients that work to create a fast acting approach for occasional 'twinks' and joint stresses brought on by exercise, sport or physical activity. With increased mobility and flexibility, Solgar® No. 7 can help you to pursue the activities you love and get back on track...fast. Feel the difference for yourself. Solgar® No. 7 shows improvement in joint comfort...within 7 DAYS.*

*Based on two human studies with 5-LOXIN Advanced® where subjects rated their joint health over time, subjects' joint health improved within 7 days and continued to improve throughout the duration of the studies.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free:
1-877-SOLGAR 4, www.solgar.com
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SOLGB50497 078 Prod. No. 50498

SUGGESTED USE: As a dietary supplement for adults, take one (1) vegetable capsule daily, or as directed by a healthcare practitioner.

Supplement Facts

Serving Size: 1 Vegetable Capsule

Amount Per Serving	%DV
Vitamin C 100 mg	111%
(as Ester-C®, calcium ascorbate)	
5-Loxin Advanced® 100 mg	**
(<i>Boswellia serrata</i> Extract [resin])	
Turmeric Root 50 mg	**
4:1 Extract (<i>Curcuma longa</i>)	
(equivalent to 200 mg of root)	
UC-II® Standardized Cartilage 40 mg	**
Total Collagen 10 mg	**
Willow Bark 5:1 Extract 35 mg	**
(<i>Salix</i> spp. [bark])	
Ginger Root 4:1 Extract 35 mg	**
(<i>Zingiber officinale</i>)	
(equivalent to 175 mg of root)	
Pepper Spice Complex 27 mg	**
Cayenne Powder (Capsicum annuum [fruit], BioPerine® (Black Pepper Extract) (Piper nigrum [fruit])	

**Daily Value (DV) not established

Other Ingredients: Vegetable Cellulose, Vegetable Magnesium Stearate, Silica.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Sodium, Artificial Flavor, Sweetener, Preservatives and Color.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before taking any dietary supplement. Avoid this product if you are allergic to aspirin. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if outer bottle seal is missing or damaged.

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Part No. 22-50498

Joint Support & Comfort*
Increased Flexibility*
Increased Mobility*

Shows Improvement in Joint Comfort
within 7 days*¹

Feel The Difference
Next Generation After Glucosamine
Once Daily

90 VEGETABLE CAPSULES
DIETARY SUPPLEMENT

No. 7

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The Solgar® No. 7 Difference

- Advanced Bio-Active Nutrients
- Targeted Mediators Balance and Temper Joint Enzymes*
- Enables Joint's Natural Ability to Flex and Cushion*
- Increases Mobility and Range Of Motion*
- Shows Improvement in Joint Comfort within 7 Days*¹

The nutritional advantage of a multi-action formula in an easy to swallow, once daily complex

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Ester-C® is a registered trademark of The Ester-C Company. Manufactured under U.S. Pat. Nos. 6,197,813 and 6,878,744 and corresponding foreign patents.

5-LOXIN ADVANCED® is a registered trademark of PL Thomas-Louis Nutro, LLC U.S. Patent #8,551,496 and patents pending.

UC-II® is a registered trademark of InterHealth N.L. BioPerine® is a registered trademark of Sabinsa Corporation

Joint Support & Comfort*
Increased Flexibility*
Increased Mobility*

Shows Improvement in
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Once Daily

Non-GMO
GLUTEN, WHEAT & DAIRY FREE
90 VEGETABLE CAPSULES

DIETARY SUPPLEMENT

No. 7

Active lifestyles can be hard on overworked muscles and even more troublesome for joints. Cardio-activities like running, hiking and even biking can give joints a pounding your body may feel long after. Even with only daily activity, pressure on joints can trigger our body to release those enzymes that may break down collagen and cause healthy joints to lose their own natural cushioning. Solgar® No. 7 works differently from Glucosamine Chondroitin. While traditional Glucosamine formulas focus on cartilage support, Solgar® No. 7 targets multiple pathways to balance the release of joint enzymes, structurally support collagen building blocks and sensitive joint cartilage...while simultaneously supporting the body's natural range of motion and joint flexibility.* For the first time, natural science at Solgar combines the advanced and naturally sourced bio-activity of 5-LOXIN Advanced® AKBA, UC-II® (Type II Collagen) and Ester-C®, with a complex of traditional pepper spices and botanicals. Solgar's advanced bioactives target both structure and function of natural joint motion to help balance out joint stresses, daily wear and tear, and the "overworking" of an active lifestyle.* When stiff joints occasionally say no...Solgar® No. 7 says YES!

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