

Lutein 20 mg

Lutein is a carotenoid. In the body, lutein is found in the brain, breast, cervix, and eye.

Suggested Use

As a dietary supplement, 1 softgel daily with a meal, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.

AllergyResearchGroup

Lutein 20 mg



dietary supplement
60 softgels

Supplement Facts

Serving Size	1 Softgel
Servings Per Container	60
Amount Per Serving	% Daily Value
Vitamin E (as Mixed Tocopherols)	1 IU 3%
Lutein	20 mg *
Zeaxanthin	1 mg *

* Daily Value not established.

Other ingredients: Safflower oil, gelatin, glycerin, purified water, yellow beeswax.



Formulated exclusively for
Allergy Research Group® Alameda, CA 94502
www.allergyresearchgroup.com

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