

PEEL HERE ———
SOLGB30333 03D

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Since 1947
SOLGAR®
SUBLINGUAL

LIQUID B-12 2000 MCG

WITH B-COMPLEX

GLUTEN, WHEAT & DAIRY FREE

SUITABLE FOR VEGANS

2 FL. OZ. (59 ml)

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 mL
Servings Per Container: 59

Amount Per Serving	%DV
Vitamin B1 (as thiamin HCl) 4 mg	333%
Riboflavin (as riboflavin 5'-phosphate sodium) 4 mg	308%
Niacin (as niacinamide) 20 mg	125%
Vitamin B6 (as pyridoxine HCl) 10 mg	588%
Folate (200 mcg folic acid) 333 mcg DFE	83%
Vitamin B12 (as cyanocobalamin) 2,000 mcg	83,333%
Biotin 300 mcg	1,000%
Pantothenic Acid (as dexpantenol) 30 mg	600%
DV = Daily Value	

Other Ingredients: Vegetable Glycerin, Purified Water, Natural Flavors, Potassium Sorbate (preservative), Citric Acid.

SUGGESTED USE: SHAKE WELL before use. As a dietary supplement for adults, place one (1) mL under the tongue (sublingually) up to two times per day. Hold under tongue for 10 seconds before swallowing.

FREE OF: Gluten, Wheat, Dairy, Soy, Yeast, Sugar, Artificial Flavor, Sweetener and Color.

If you are pregnant, nursing, taking any medications or have any medical condition, please consult your healthcare practitioner before use. Discontinue use and consult your healthcare practitioner if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if outer seal is missing or damaged.

Solgar's KOF-K certification #K-1250

Carefully Manufactured by:
Solgar, Inc., 500 Willow Tree Road
Leonia, NJ 07605 U.S.A.

For more information, call toll-free
1-877-SOLGAR 4
www.solgar.com
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Part Number: 22-15950

SOLGB30333 03F

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Solgar® Sublingual Liquid B-12 2000 mcg with B-Complex is designed to provide an advantage over conventional B-Complexes by offering an easy-to-use liquid formula for anyone who has difficulty in swallowing tablets or capsules. Our liquid formula also does not need to be broken down in the digestive tract as compared to a standard pill.

As we age, absorption of key nutrients such as Vitamin B-12 can decline, which is why it is important to take a formula that is also easy to digest. **Solgar® Sublingual Liquid B-12 2000 mcg with B-Complex** is free of gluten, artificial flavors, colors and sweetener, so you receive a vitamin supplement that is also great tasting.

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