

For over 40 years, Vitamin World has pioneered the manufacture of premium nutritional supplements. Our commitment to quality is the highest in our industry. Every product undergoes rigorous analysis for purity, potency, safety and freshness. *We guarantee it.*



VITAMIN WORLD
get healthy.

Soy Protein Isolate Powder

- Active Isoflavones
Genistein, Daidzein & Glycitein
- Vegetarian Formula
- Low Fat • Zero Carbs

- Gluten Free • Aspartame Free
- May reduce the risk of heart disease.**

NATURAL • UNFLAVORED

NET WT. 2 lb. (32 oz.) (908 g)

NOTICE: Use this Product as a food supplement only. Do not use for weight reduction.



Nutrition Facts

Serving Size 1 Scoop (28 g)
Servings Per Container about 32

Amount Per Serving		Calories from Fat 10	
		%Daily Value**	
Calories 110			
Total Fat 1g		2%	
Saturated Fat 0g		0%	
Trans Fat 0g			
Cholesterol 0mg		0%	
Sodium 300mg		12%	
Potassium 30mg		1%	
Total Carbohydrate 0g		0%	
Dietary Fiber 0g		0%	
Sugars 0g			
Protein 25g		49%	
Vitamin A 0%	•	Vitamin C 0%	
Calcium 6%	•	Iron 20%	
Thiamin 4%	•	Riboflavin 2%	
Folic Acid 10%	•	Biotin 2%	
Phosphorus 20%	•	Magnesium 4%	
Zinc 8%	•	Copper 20%	
**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Potassium	Less than	3,500 mg	3,500 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g
Protein		50 g	65 g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4			

Ingredients: Isolated Soy Protein, Soy Lecithin.

No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish.

Directions: (Shake the can before each use.) For adults, take one (1) scoop (28 g) as a food, blended with low-fat milk, vegetable juice of your choice, or any low-calorie flavorings or extracts. It is excellent when added to soup.

*Diets low in saturated fat and cholesterol that include 25 grams of soy protein per day may reduce the risk of heart disease. One serving of Pure Soy Protein Isolate Powder provides 25 grams of soy protein in a low-fat formula.

Soy Protein Isolate Powder also includes the soy isoflavone metabolites genistein, daidzein and glycitein plus essential amino acids and minerals for well-balanced nutritional value. Especially recommended for vegetarian and vegan diets, which may not provide sufficient protein, Soy Protein Isolate Powder is an ideal source of this essential nutrient.

Typical Soy Isoflavones contents per serving:

Total Isoflavones	48 mg
Genistein	25 mg
Daidzein	17 mg
Glycitein	6 mg

Enjoy the benefits of our low-fat soy protein powder by mixing with milk or your favorite beverage for a great-tasting, protein-packed, convenient drink.

Soy Protein Isolate Powder
Cholesterol Free Food
Add to Milk, Juices, and Other Foods for Extra Calories or Protein
Great Source of Protein for Vegetarians

Typical Amino Acid Profile per serving:

L-Alanine	1,056 mg
L-Arginine	1,866 mg
L-Aspartic Acid	2,849 mg
L-Cysteine	319 mg
L-Glutamic Acid	4,691 mg
L-Glycine	1,031 mg
***L-Histidine	638 mg
***L-Isoleucine	1,203 mg
***L-Leucine	2,014 mg
***L-Lysine	1,547 mg
***L-Methionine	319 mg
***L-Phenylalanine	1,277 mg
L-Proline	1,252 mg
L-Serine	1,277 mg
***L-Threonine	908 mg
***L-Tryptophan	343 mg
L-Tyrosine	933 mg
***L-Valine	1,228 mg

***Essential Amino Acids

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if pull ring under cap is damaged or broken.

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