

**Directions:** As a dietary supplement, take two vegetarian softgels once daily, preferably with a meal or as directed by a healthcare practitioner.

**Bluebonnet's Omega-3 Kosher Fish Oil Vegetarian Softgels** supply EPA, DHA and DPA from kosher-certified fish oil in a triglyceride form for enhanced bioavailability, as well as rosemary extract and non-GMO tocopherols for greater stability. This fish oil is derived from deep sea, cold water fish wild caught off the coast of Peru, which are not treated with hormones or antibiotics. Since it is sustainably harvested by Peruvian fisheries that are tightly regulated, the fish populations and environment are protected for generations to come. In addition, this fish oil is steam distilled as a part of a four-step purification process, and has been 3rd party tested by an independent, cGMP-registered laboratory using AOAC/AOCS methods for purity and potency. Available in easy-to-swallow, kosher-certified vegetarian softgels for maximum assimilation and absorption.

Made in USA from domestic and imported ingredients.

Manufactured for  
**Bluebonnet Nutrition Corp**  
12915 Dairy Ashford, Sugar Land, TX 77478 USA  
[www.bluebonnetnutrition.com](http://www.bluebonnetnutrition.com)

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**CAUTION:** Please consult with your healthcare practitioner prior to using this product if you are using blood thinners or anticipate surgery.



# Bluebonnet



## Omega-3 KOSHER FISH OIL

TRIGLYCERIDE FORM



Dietary Supplement  
**60 Vegetarian Softgels**



## Supplement Facts

Serving Size 2 Vegetarian Softgels  
Serving Per Container 30

| Amount Per Serving          |         | %Daily Value |
|-----------------------------|---------|--------------|
| Calories                    | 20      |              |
| Total Fat                   | 2 g     | 3            |
| Saturated fat               | 0.6 g   | 3**          |
| Polyunsaturated fat         | 0.6 g   |              |
| Monounsaturated fat         | 0.5 g   |              |
| Fish Oil                    | 2000 mg | *            |
| Total Omega 3 Fatty Acids   | 580 mg  | *            |
| EPA (eicosapentaenoic acid) | 370 mg  | *            |
| DHA (docosahexaenoic acid)  | 120 mg  | *            |
| DPA (docosapentaenoic acid) | 30 mg   | *            |

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*Daily Value not established.

Other ingredients: Soluble food starch, glycerin, sea vegetable extract, purified water, non-GMO sorbitol, rosemary extract, non-GMO tocopherols (natural preservatives).

**Contains: Fish (anchovies, sardines), soybeans**

**Free** of milk, egg, crustacean shellfish, tree nuts, peanuts and wheat.

Also free of yeast, gluten, barley, rice, sodium and sugar.

Bluebonnet's KOF-K Certification #K-0000700