



DIRECTIONS: As a dietary supplement, add one scoop (10 g) to 8 fl oz of water, juice or sports drink and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender. For EXTREME results, take on an empty stomach about 15 to 30 minutes prior to workout.

EXTREME EDGE® PRE WORKOUT is designed to be one of the most

comprehensive, muscle recharging formulas ever created. This triple-turbo, super-charged formula generates high energy, sharpens mental concentration, and increases nitric oxide (NO) levels for greater blood flow and intense muscle pumps. Use it once, and you will never train without it again! ♦

KEY FEATURES

- ✓ Contains three unique ingredient blends for explosive energy
- ✓ Free of artificially-derived colors, flavors and sweeteners
- ✓ Plant sources of caffeine (green tea and cocoa extracts)

WARNING: Strictly designed for use by healthy adults – 18 years of age or older. This product contains 125 mg of caffeine per serving (equivalent to 1 ¼ cups of coffee), which in excess, may cause nervousness, irritability, sleeplessness and occasionally, a rapid heartbeat. Discontinue use and consult a healthcare practitioner if you experience any unusual symptoms. Do not use this product if you are sensitive to caffeine, pregnant, trying to conceive, breast feeding, have any medical conditions or are taking any prescription medications. Not recommended for use by pregnant or nursing women.

KEEP TIGHTLY CLOSED. STORE IN A COOL, DRY PLACE AWAY FROM HEAT, LIGHT AND MOISTURE. KEEP OUT OF THE REACH OF CHILDREN.

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SERVINGS PER CONTAINER ARE AN APPROXIMATE.

NOTE: THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SETTLING OF CONTENTS MAY OCCUR DURING SHIPPING.

OTHER PRODUCTS FROM EXTREME EDGE:

2 CARBO LOAD
MUSCLE REFUELER ♦

3 POST WORKOUT
MUSCLE REBUILDING & RECOVERY ♦

WHEY PROTEIN ISOLATE
MUSCLE REBUILDER & FAST ACTING AMINO ACID REPLENISHER ♦

PROFESSIONAL STRENGTH FOR SERIOUS ATHLETES



PRE WORKOUT



MUSCLE RECHARGER ♦
NITRIC OXIDE BOOSTER & CAFFEINE

- Ignites Explosive Energy ♦
- Intensifies Muscle Pump & Blood Flow ♦
- Amplifies Mental Focus ♦



NO BANNED SUBSTANCES DETECTED

STRAWBERRY KIWI FLAVOR



Supplement Facts

Serving Size 1 Scoop (10 g)	Servings Per Container 60	
Amount Per Serving		%DV*
Calories	15	
Total Carbohydrate	4 g	1%
Sugars	2 g	
Includes 2 g added sugars		4%
Vitamin C (as L-Ascorbic Acid)	30 mg	33%
Potassium (as Potassium Citrate)	75 mg	2%
Explosive Energy & Mental Focus AMP Blend ♦	1,325 mg	**
(As CarnoSyn® Beta-Alanine, Caffeine – 125 mg [as Caffeine, Green Tea Leaf Extract and Cocoa Bean Extract], L-Taurine, and L-Tyrosine)		
Extreme Muscle Pump Blend ♦	2,000 mg	**
(As Creatine [as Monohydrate, Phosphate Matrix and Malate], and BCAAs [as 4:1:1 ratio, L-Leucine, L-Isoleucine, and L-Valine])		
Nitric Oxide Super (NOS) Charger Blend ♦	1,120 mg	**
(As Arginine [as L-Arginine, L-Arginine Alpha Ketoglutarate], L-Citrulline Malate, and L-Lysine HCl)		

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Percent Daily Values (DV) not established.

Other Ingredients: Sugar, Natural Flavors, Citric Acid, Erythritol, Potassium Citrate, Silicon Dioxide, Stevia Extract (Reb A), Beet Juice (colorant), Calcium Citrate, Sodium Citrate, Magnesium Citrate.

Free of Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat and Soybeans.

Also Free of Yeast, Barley and Rice.

Minerals are shown in their elemental value.

Allergen Warning: Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.



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Made in USA from domestic and imported ingredients. Manufactured for Bluebonnet Nutrition Corp. 12915 Dairy Ashford Sugar Land, Texas 77478 USA www.ExtremeEdgeSports.com

