

Osteo-Vi-Min® Chewable Tablets

Osteo-Vi-Min® includes calcium, magnesium, strontium, silica, vitamin D, vitamin K, and other nutrients.

Suggested Use

As a dietary supplement, 2 tablets three times daily, or as directed by a healthcare practitioner.

Keep in a cool, dry place, tightly capped.



Formulated exclusively for
Allergy Research Group®
Alameda, CA 94502
www.allergyresearchgroup.com

Allergy Research Group®

Osteo-Vi-Min®



dietary supplement
180 chewable tablets

Supplement Facts

Serving Size	2 Chewable Tablets	
Servings Per Container	90	
Amount Per Serving		
Calories	10	
		% Daily Value*
Total Carbohydrates	2.6 g	<1%
Sugars	0.28 g	†
Vitamin C (as Ascorbic Acid)	167 mg	278%
Vitamin D3 (as Cholecalciferol)	200 IU	50%
Vitamin K2 (as Menaquinone-7)	33 mcg	41%
Calcium (as Carbonate, Hydroxyapatite, Citrate, Malate)	367 mg	37%
Magnesium (as Carbonate, Glycinate)	133 mg	33%
Zinc (as Monomethionine Sulfate)	3.3 mg	22%
Copper (as Sebacate)	0.5 mg	25%
Manganese (as Gluconate)	1.7 mg	85%
Strontium (as Carbonate)	100 mg	†
Silica (as Horsetail Stems Extract)	2 mg	†
Boron (as Citrate)	1 mg	†
Lycopene	1.7 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Sorbitol, honey, mannitol, xylitol, soy lecithin, natural cherry flavor, magnesium stearate, silicon dioxide.