

## 



Suggested Use: Three tablets 2 to 3 times per day between meals.



Notice: This product is not intended for use by pregnant women.



## CLEARING\*

Lotus Seed Herbal Supplement 90 Tablets

Supplement Facts Serv size: 3 tablets. Amount Per Serving: 1950 mg., Servings: 30: Proprietary Blend (650 mg. per tablet) of: Lotus seed\*, Ophiopogon tuber\*, Poria sclerotium\*, White Ginseng root\*, Plantago seed\*, Scute root\*, Smilax rhizome\*, Astragalus root\*, Lycium cortex\*, Moutan root bark\*, Red Peony root\*, Licorice root\*. \*Daily Value not established

Other Ingredients: Silicon Dioxide, Stearic Acid. Cellulose, Sweet Potato.

Pin Yin: Lian Zi, Mai Men Dong, Fu Ling, Bai Ren Shen, Che Qian Zi, Huang Qin, Tu Fu Ling, Huang Qi, Di Gu Pi, Mu Dan Pi, Chi Shao, Gan Cao.