

DIRECTIONS: As a dietary supplement, add one packet (10 g) to 8 fl oz of water, juice or sports drink and mix or shake until smooth. For best results, liquid should be very cold. Mixes instantly without the use of a blender. For EXTREME results, take on an empty stomach about 15 to 30 minutes prior to workout.

WARNING: Strictly designed for use by healthy adults – 18 years of age or older. This product contains 125 mg of caffeine per serving (equivalent to 1¼ cups of coffee), which in excess, may cause nervousness, irritability, sleeplessness and occasionally, a rapid heartbeat. Discontinue use and consult a healthcare practitioner if you experience any unusual symptoms. Do not use this product if you have any medical conditions or are taking any prescription medications.

Other Ingredients: Sucrose, Citric Acid, Natural Grape Flavor, Erythritol, Stevia Extract (Reb A), Grape Skin (colorant), Silica, Calcium Citrate, Sodium Citrate, Magnesium Citrate, Maltodextrin.

Free of Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat and Soybeans.

Also Free of Yeast, Barley and Rice.

Allergen Warning: Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

Manufactured for:
Bluebonnet Nutrition Corp.
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GRAPE
FLAVOR

EXTREME
EDGE

PRE
WORKOUT



**MUSCLE
RECHARGING
STACK♦**

**NITRIC OXIDE
BOOSTER &
CAFFEINE**



**No Banned
Substances
Detected**



Certified for Sport*

DIETARY SUPPLEMENT

INSTANTIZED POWDER

NET WT. 0.35 oz (10 g)

Supplement Facts

Serving Size 1 Packet (10 g)

* Percent Daily Values (DV) are based on a 2,000 calorie diet.
** Percent Daily Values (DV) not established.

Minerals are shown in their elemental value.

Amount Per Serving	%DV*
Calories	15
Total Carbohydrate	4 g 1%
Sugars	2 g
Vitamin C (as L-Ascorbic Acid)	30 mg 50%
Potassium (as Potassium Citrate)	75 mg 2%

Amount Per Serving	%DV*
Extreme Energy & Mental Focus AMP Stack ♦ (As CarnoSyn® Beta-Alanine, Caffeine – 125 mg [as Caffeine, Green Tea Leaf Extract and Cocoa Bean Extract], L-Taurine, and L-Tyrosine)	1,325 mg **
Extreme Muscle Pump Stack ♦ (As Creatine [as Monohydrate, Phosphate Matrix and Malate] and BCAAs [as 4:1:1 ratio, L-Leucine, L-Isoleucine, and L-Valine])	2,000 mg **
Nitric Oxide Super (NOS) Charger Stack ♦ (As Arginine [as L-Arginine, L-Arginine Alpha Ketoglutarate], L-Citrulline Malate, and L-Lysine HCl)	1,120 mg **

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.