

Osteo-Vi-Min®

Osteo-Vi-Min® includes calcium, magnesium, strontium, silica, vitamin D, vitamin K, and other nutrients.

Suggested Use

As a dietary supplement, 1 teaspoon three times daily, mixed with desired liquid, or as directed by a healthcare practitioner. Taking with fat-containing meals may further enhance absorption of fat-soluble vitamins.

Keep in a cool, dry place, tightly capped.

Formulated exclusively for Allergy Research Group®
Alameda, CA 94502 www.allergyresearchgroup.com



Allergy Research Group

Osteo-Vi-Min®



dietary supplement
315 grams (11.1 oz.)

Supplement Facts

Serving Size 1 Teaspoon (3.5 g)
Servings Per Container 90

Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	167 mg 778%
Vitamin D3 (as Cholecalciferol)	200 IU 50%
Vitamin K2 (as Menaquinone-7)	67 mcg 83%
Calcium (as Carbonate, Hydroxyapatite, Citrate, Malate)	367 mg 37%
Magnesium (as Carbonate, Glycinate)	133 mg 33%
Zinc (as Monomethionine Sulfate)	3.3 mg 77%
Copper (as Selenate)	0.5 mg 25%
Manganese (as Gluconate)	1.7 mg 83%
Strontium (as Carbonate)	100 mg *
Silica (as Horsetail Stems Extract)	2 mg *
Boron (as Citrate)	1 mg *
Lycopene	1.7 mg *

* Daily Value not established.

Other Ingredients: Maltodextrin, natural cherry flavor.

Rev. 003