Recommendation: Take 1 capsule daily.
May be taken at any time, with or without food,
If pregnant, nursing, or taking any medications,
consult a healthcare professional before use.
Keep refrigerated to maintain maximum potency.

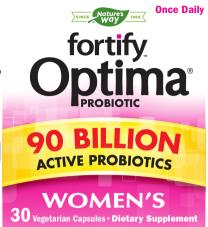
- 90 billion active probiotic cultures
- Formulated for women with 90% Lactobacilli and 10% Bifidobacteria to help fortify and balance vaginal flora*
- Supports healthy digestion, regularity and immunity*

*These statements have not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

♦ LN15859.A01 BLK8782A

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Keep bottle tightly closed.

GLUTEN FREE. No sugar, salt, wheat, artificial colors, or flavors.



Supplement Facts Serving Size 1 Capsule Amount per Serving % DV Fortity** Optima® Women's Proprietary Probiotic Elend providing 90 billion CFU: Lactobacilli Probiotics: (L. rhamnosus HA-111;

- L. casei HA-108; L. paracasei HA-274;
- L. acidophilus RO418; L. reuteri HA-188; L. rhamnosus HA-114; L. salivarius HA-118);
- Bifidobacteria Probiotics: (B. breve HA-129;
- B. longum HA-135; B. bifidum HA-132)

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose, gellan gum), potato starch, magnesium stearate, silica, ascorbic acid (preservative to maintain freshness)

Contains milk and soy.

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Questions? 1-800-9NATURE / naturesway.com

Why take Fortify™ Optima® WOMEN'S?

Fortify[™] Optima® Women's formula contains a specialized ratio of probiotics (90% *Lactobacilli/10% Bifidobacteria*) to balance the microflora of a woman's vaginal tract.* Benefits of taking the formula include:

Fortifying & balancing vaginal flora*

Unique Multi-Strain Benefits

- 90 billion active probiotic cultures for maximum support
- 10 unique HDS probiotic strains (Lactobacilli + Bifidobacteria) to support vaginal health, plus the small and large intestine*
- Contains 90% Lactobacilli strains, the dominant good bacteria in a healthy vaginal tract*

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

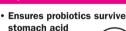
HDS Fortify™ (Human Digestive Strains)

- Contains unique probiotic strains originated from human microflora
- Compatible with a woman's vaginal and intestinal tracts



- Supports vaginal health, digestion, regularity and immunity*
- Probiotic strains not derived from animal, dairy, soil or plant sources

Delayed Release Capsules



 Releases active probiotics directly into the intestine



Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Keep bottle tightly closed.

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WOMEN'S

90 BILLION
ACTIVE PROBIOTICS

Promotes Vaginal Health

- HDS Probiotics[™]
- Additional Lactobacilli
- Delayed Release



30 Vegetarian Capsules • Dietary Supplement

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any diseas Bifidobacteria Probiotics
Bifidobacterium breve HA-129
Bifidobacterium breve HA-135
Bifidobacterium bifidum HA-132
Bifidobacterium bifidum HA-132

Serving Size 1 Capsule

Amount per Serving

Fortify™ Optima® Women's

Lactobacilli Probiotics

Other ingredients: plant-derived capsule (hypromellose, gellan gum), potato starch, magnesium stearate, silica, ascorbic acid (preservative to maintain freshness)
Contains milk and soy.

Recommendation: Take 1 capsule daily.

May be taken at any time, with or without food.

If pregnant, nursing, or taking any medications, consult a healthcare professional before use.

Keep refrigerated to maintain maximum potency.

Proprietary Probiotic Blend providing 90 billion CFU

Lactobacillus rhamnosus HA-111

Lactobacillus paracasei HA-274

Lactobacillus acidophilus R0418

Lactobacillus rhamnosus HA-114

Lactobacillus casei HA-108

Lactobacillus reuteri HA-188

Supplement Facts

750 mg ³

GLUTEN FREE. No sugar, salt, wheat, artificial colors or flavors.

90 billion potency is guaranteed until expiration date when bottle is kept tightly closed & refrigerated.

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