

Recommendation: Take 1 capsule daily.
May be taken at any time, with or without food.
If pregnant, nursing, or taking any medications,
consult a healthcare professional before use.
Keep refrigerated to maintain maximum potency.

- **90 billion active probiotic cultures**
- **Formulated for women with 90% Lactobacilli and 10% Bifidobacteria to help fortify and balance vaginal flora***
- **Supports healthy digestion, regularity and immunity***

*These statements have not been evaluated by the Food & Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

◆ LN15859 . A01 BLK8782A

Keep out of reach of children. Safety sealed with printed inner seal. Do not use if seal is broken or missing. Keep bottle tightly closed.

GLUTEN FREE. No sugar, salt, wheat, artificial colors, or flavors.

SINCE 1969 **Nature's Way** 1969 **Once Daily**

fortify™
Optima®
PROBIOTIC

90 BILLION
ACTIVE PROBIOTICS

WOMEN'S
30 Vegetarian Capsules • Dietary Supplement

Why take Fortify™ Optima® WOMEN'S?

Fortify™ Optima® Women's formula contains a specialized ratio of probiotics (90% *Lactobacilli* / 10% *Bifidobacteria*) to balance the microflora of a woman's vaginal tract.* Benefits of taking the formula include:

- **Fortifying & balancing vaginal flora***

Unique Multi-Strain Benefits

- **90 billion active probiotic cultures** for maximum support
- **10 unique HDS probiotic strains** (*Lactobacilli* + *Bifidobacteria*) to support vaginal health, plus the small and large intestine*
- **Contains 90% Lactobacilli strains**, the dominant good bacteria in a healthy vaginal tract*

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HDS Fortify™ (Human Digestive Strains)

- **Contains unique probiotic strains originated from human microflora**
- Compatible with a woman's vaginal and intestinal tracts
- Supports vaginal health, digestion, regularity and immunity*
- Probiotic strains not derived from animal, dairy, soil or plant sources



Delayed Release Capsules

- **Ensures probiotics survive stomach acid**
- Releases active probiotics directly into the intestine



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Supplement Facts

Serving Size 1 Capsule

Amount per Serving	% DV
Fortify™ Optima® Women's	750 mg**
Proprietary Probiotic Blend providing 90 billion CFU:	
Lactobacilli Probiotics: (<i>L. rhamnosus</i> HA-111; <i>L. casei</i> HA-108; <i>L. paracasei</i> HA-274; <i>L. acidophilus</i> R0418; <i>L. reuteri</i> HA-188; <i>L. rhamnosus</i> HA-114; <i>L. salivarius</i> HA-118);	
Bifidobacteria Probiotics: (<i>B. breve</i> HA-129; <i>B. longum</i> HA-135; <i>B. bifidum</i> HA-132)	

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose, gellan gum), potato starch, magnesium stearate, silica, ascorbic acid (preservative to maintain freshness)

Contains milk and soy.

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Green Bay, WI 54311 USA
Questions? 1-800-9NATURE / naturesway.com

NEW LOOK
SAME GREAT PRODUCT

SINCE 1969 **Nature's Way** 1969

Once Daily

fortify™
Optima®
PROBIOTIC
WOMEN'S

90 BILLION
ACTIVE PROBIOTICS

Promotes Vaginal Health*

- **HDS Probiotics™**
- **Additional Lactobacilli**
- **Delayed Release**



30 Vegetarian Capsules • Dietary Supplement

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90 billion potency is guaranteed until expiration date when bottle is kept tightly closed & refrigerated.

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