

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA 1-800-437-4148
or visit our website at www.swanson.com

Suggested use: As a dietary supplement,
take one softgel per day with water.

WARNING: For adults only. Consult your physician
before using this or any product if you are pregnant or
nursing, taking medication, especially blood-thinning
medications, or have a medical condition. Keep out of
reach of children.

Do not use if seal is broken. Store in a cool, dry place.
Do not refrigerate.

These statements have not been evaluated by the Food and Drug
Administration. This product is not intended to diagnose, treat, cure or
prevent any disease.

Rev 1 12 13 18



SWANSON®

Real Food K-2

NATURAL VITAMIN K-2
Bone and Cardiovascular Health

200 mcg per softgel **MAXIMUM STRENGTH**

VITAMIN SUPPLEMENT | 30 SOFTGELS

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	% Daily Value
Vitamin K-2 200 mcg	167%
[menaquinone-7 from Natto (fermented soy)]	

Other ingredients: Sunflower oil,
gelatin, glycerin, beeswax, dibasic
calcium phosphate, purified water,
sunflower lecithin, caramel color.

Contains soy and sulfites.

SWU906

