

swanson.com
or call 1-800-437-4148

- Supports balanced mental health and emotional wellbeing
- Maintains a feeling of calm while remaining alert

Science-Backed Quality Since 1969

Suggested use: As a dietary supplement, take one veggie capsule per day with water before meals.

Suntheanine® is a registered trademark of Taiyo International, Inc.

WARNING: For adults only. Consult your physician before using this or any product if you are pregnant or nursing, taking medication or have a medical condition. Keep out of reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



L-Theanine

Brain and Nervous System Health

200 mg per capsule **DOUBLE STRENGTH**

DIETARY SUPPLEMENT | 60 VEGGIE CAPS

Supplement Facts

Serving Size 1 Veggie Capsule

Amount Per Serving

Suntheanine®	200 mg*
L-Theanine	

*Daily Value not established.

Other ingredients: Brown rice flour, hypromellose (vegetable capsule), magnesium stearate.

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