

basic's

NATURAL COD LIVER OIL



OMEGA-3

EXCELLENT SOURCE OF VITAMINS A&D

PURIFIED TO
ELIMINATE MERCURY



DIETARY SUPPLEMENT
HIGH QUALITY BASICS

GLUTEN FREE

90 SOFTGELS

KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF INNER SEAL
IS MISSING OR BROKEN.
STORE AT ROOM TEMPERATURE.

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Warning: if you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

Directions: For Adults, take one (1) softgel up to four times daily, preferably with meals. No Artificial Color, Flavor or Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish. Sodium Free.

SUPPLEMENT FACTS

Serving Size: 1 Softgel	Servings per Container: 90
Amount Per Softgel	% of Daily Value
Cholesterol	<5 mg 1%
Vitamin A (as Retinyl Palmitate)	1250 IU 25%
Vitamin D (as D3 Cholecalciferol)	135 IU 34%
Cod Liver Oil	415 mg *
provides 90 mg of Total Omega-3 Fatty Acids † comprising of:	
Eicosapentaenoic Acid (EPA)	37 mg *
Docosahexaenoic Acid (DHA)	36 mg *
Other Fatty Acids	*

*Daily Value not established

Other Ingredients: Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols, Purified Water.

Contains fish (cod) ingredients.

† As Natural Triglycerides

www.basicvitamins.com

Product #48

Carefully manufactured in the USA for BASIC DRUGS, INC. Vandalia, OH 45377

Questions? 937-898-4010