

Directions: As a dietary supplement, add one scoop (6.6 g) to 8 fl oz of water, coffee, juice or sports drink and mix or shake until smooth. Mixes instantly without the use of a blender.

Bluebonnet's Beautiful Ally® Collagen Powder is specially formulated with collagen peptides type I + III from grass-fed cows for lustrous hair, firm skin and durable nails. During the aging process, collagen levels deplete in the body, resulting in connective tissue degradation, which manifests as wrinkles, thinning cartilage and brittle hair. Collagen peptides help to replenish the nutrients lost over time by boosting collagen production and at the same time, reducing its breakdown. This enhances the skin's hydration and natural elasticity thus counteracting visible signs of aging. Since this powder is unflavored/unsweetened, it can be added to any beverage without affecting its flavor profile. Plus, it is hydrolyzed for maximum assimilation and absorption.♦



Beautiful Ally® is a registered trademark of Bluebonnet Nutrition Corporation.

♦ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for
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Bluebonnet®

BEAUTIFUL^{Ally}® collagen type I+III

GRASS-FED COWS

revive hair, skin & nails.

Dietary Supplement
Hydrolyzed Powder

NET WT. 6.9 oz (198 g)



Supplement Facts

Serving Size 1 Scoop (6.6 g)
Servings Per Container 30

Amount Per Serving		% Daily Value
Calories	25	
Protein	6 g	12**
Sodium	45 mg	2
Collagen Peptides Type I+III	6.6 g	*

**Percent Daily Values are based on a 2,000 calorie diet.
*Daily Value not established.

Other ingredients: None.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of corn, yeast, gluten, barley, rice and sugar.

Allergen warning: Manufactured in a facility that processes products containing milk, eggs, soybeans, wheat, shellfish, fish oil, tree nuts and peanut flavor.

Keep tightly closed. Store in a cool, dry place away from heat, light and moisture. Keep out of the reach of children. Servings per container are an approximate.

Note: This product is sold by weight, not volume. Settling of contents may occur during shipping.

Notice: Use this product as a food supplement. Do not use for weight reduction.