

Directions: As a dietary supplement, take two capsules once daily or as directed by a healthcare practitioner.

Bluebonnet's Magnesium Potassium Plus Bromelain Capsules contain fully reacted magnesium and potassium aspartate with bromelain (2000 GDU/gram) from fresh pineapples. Available in easy-to-swallow vegetable capsules for maximum assimilation and absorption.

Free of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, sodium and sugar.

Manufactured by
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Bluebonnet



Magnesium Potassium Plus Bromelain

Dietary Supplement
60 Vegetable Capsules



Supplement Facts

Serving Size 2 Capsules

Servings Per Container 30

Amount Per Serving		% Daily Value
Magnesium (as magnesium aspartate)	200 mg	48
Potassium (as potassium aspartate)	99 mg	2
Bromelain (2000 GDU/gram)	140 mg	*

* Daily Value not established.

Other ingredients: Kosher vegetable capsules, vegetable cellulose, vegetable magnesium stearate, silica.

Minerals are shown in their elemental value.
Bluebonnet's KOF-K Certification #K-0000700