

**Directions:** As a dietary supplement, take one caplet daily or as directed by a healthcare practitioner.

**Bluebonnet's C-1000 mg Plus Bioflavonoids Caplets** contain pure identity preserved (IP) vitamin C from L-ascorbic acid, a citrus bioflavonoid complex from oranges, lemons, tangerines, grapefruits and limes, plus hesperidin and rutin. Available in easy-to-swallow caplets.

Bluebonnet's KOF-K Certification #K-0000700

Manufactured by  
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# Bluebonnet



# C-1000 mg Plus Bioflavonoids

Vitamin C Plus Citrus Bioflavonoids  
Dietary Supplement



**180 Caplets**



## Supplement Facts

Serving Size 1 Caplet

Amount Per Serving		% Daily Value
Vitamin C (as L-ascorbic acid)	1000 mg	1111
Citrus Bioflavonoid Complex	500 mg	*
Hesperidin	125 mg	*
(Supplying flavones [eriocitrin, naringenin, narirutin] flavonols and other related phenolic compounds)		
Rutin	100 mg	*

\*Daily Value not established.

Other ingredients: Vegetable cellulose, stearic acid, silica, vegetable magnesium stearate, calcium phosphate, vegetable glaze.

**Free** of milk, egg, fish, crustacean shellfish, tree nuts, peanuts, wheat and soybeans.

Also free of yeast, gluten, barley, rice and sugar.