

DISTRIBUTED BY SWANSON HEALTH PRODUCTS
Fargo, ND 58104 USA • 1-800-437-4148
or visit our website at www.swanson.com

SUGGESTED USE: As a dietary supplement,
take one capsule per day with food and water.

**Albion® and Gold Medallion® are
registered trademarks of Albion
Laboratories, Inc.**



WARNING: For adults only. Consult your physician before
using this or any product if you are pregnant or nursing,
taking medication or have a medical condition. Keep out of
reach of children.

Do not use if seal is broken. Store in a cool, dry place.

These statements have not been evaluated by the Food and
Drug Administration. This product is not intended to diagnose,
treat, cure or prevent any disease.

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SWANSON®

Selenium Complex

Antioxidant Support

200 mcg per capsule

MINERAL SUPPLEMENT | 90 CAPSULES

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% Daily Value
Selenium	200 mcg	364%
(from Albion® selenium glycinate complex)		

Other ingredients: Rice flour, gelatin,
maltodextrin, microcrystalline
cellulose (plant fiber).

SWU067

