

Your Way to a Healthier Body

ALTRUM Nutritional Drink Mix is formulated with essential vitamins, minerals and protein to help you recover from exercise, maintain healthy blood sugar levels and manage weight in a healthy way. HMB supports healthy lean muscle. Digestive enzymes support the breakdown and use of the protein amino acids.*

DIRECTIONS: Combine one scoop (Approx. 28 g) of Nutritional Drink Mix with 8 fl. oz. of cold milk or water and blend well.

Consume any time you need a healthy meal or snack, or immediately before or after your workout.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by ALTRUM Nutrition Div. of AMSOIL INC.
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Product Code
DPS01

Rev:2

ALTRUM

NUTRITIONAL DRINK MIX
Protein, Vitamins and Fiber
Supplement

**Essential Vitamins
Easily Digestible
Antioxidants
Muscle Maintenance***

Chocolate

NET WT 1.85 LB (840 grams)

Supplement Facts

Serving Size: 1 scoop (Approx. 28 g)
Servings Per Container: 30

	Amount per Serving	% Daily Value
Calories 90		
Calories from Fat 0		
Total Fat	0 g	0%***
Saturated Fat	0 g	0%***
Cholesterol	6 mg	2%***
Sodium	95 mg	4%***
Total Carbohydrate	11 g	4%***
Dietary Fiber	5 g	20%***
Sugars	5 g	
Protein	10 g	
Vitamin A (as retinyl palmitate)	1250 IU	25%***
Vitamin C (as ascorbic acid)	18 mg	30%***
Vitamin D3 (as cholecalciferol)	120 IU	30%***
Vitamin E (as d-alpha tocopherol succinate)	10 IU	33%***
Thiamin (as thiamine HCl)	5 mg	33%***
Riboflavin	5 mg	29%***
Niacin (as niacinamide)	6 mg	30%***
Vitamin B6 (as pyridoxine HCl)	7 mg	35%***
Folate (as folic acid)	120 mcg	30%***
Vitamin B12 (as cyanocobalamin)	2 mcg	33%***
Biotin	100 mcg	33%***
Pantothenic Acid (as d-calcium pantothenate)	3.5 mg	35%***
Calcium (as calcium carbonate)	300 mg	30%***
Iodine (as potassium iodide)	50 mcg	33%***
Magnesium (as magnesium citrate)	135 mg	34%***
Zinc (as zinc gluconate)	5 mg	33%***
Selenium (as selenomethionine)	24 mcg	34%***
Copper (as copper gluconate)	7 mg	35%***
Manganese (as manganese gluconate)	7 mg	35%***
HMB (calcium b-hydroxy b-methyl butyrate)	100 mg	**
Amylase	25 mg	**
Lipase	25 mg	**
Protease	25 mg	**

*** Daily Values are based on a 2,000 calorie diet.

** Daily Value not established.

Other ingredients: Protein Blend (whey protein isolate, micellar casein, calcium caseinate, non-fat milk), natural flavors, beet sugar, cellulose, starch resistant maltodextrin, cocoa, salt, natural stevia, xanthan gum, lecithin. **Contains milk, soy (lecithin), wheat and gluten.**