Shake well before use. Refrigerate after opening, but not below 40° F (4° C). Keep cap tightly closed.

Keep out of reach of children. Safety sealed for your protection. Do not use if seal under cap is broken or missing. ©2018 Distributed by Nature's Way Brands, LLC, Green Bay, WI 54311 USA

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Drug

I N60000200.04 BLK7656

1.5x.5" lot #/expiration area



Hair, Skin, Nails & Connective Tissue*

6.7 FL OZ (200 mL) • DIETARY SUPPLEMENT

Recommendation: Adults and children over 12 years of age take 1 Tablespoon daily. May be diluted in water or juice. If pregnant. nursing, or taking any medications, consult a healthcare professional before use.

Supplement Facts

Serving Size 1 Tablespoon (15 mL) Servings per Container 13

Amount per Serving	% DV
Calories	10
Total Carbohydrate	2 g <1%†
Sodium	40 mg 2%
Silica	420 mg **

†Percent Daily Values (DV) are based on a 2.000 calorie diet. **Daily Value not established.

Other ingredients: purified water, glycerin, preservatives to maintain freshness (citric acid. sodium citrate), quar gum, preservatives to maintain freshness (potassium sorbate, sodium benzoate)